

# ARCHDIOCESE OF LOUISVILLE

## *Faith Formation Catalogue*

**Winter/Spring 2026**



OFFICE OF FAITH FORMATION

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Louisville, KY 40203

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**“Who are catechists? They are people who keep the memory of God alive; they keep it alive in themselves and they are able to revive it in others.”**

**Homily of Holy Father Francis, Sept. 29, 2013**

## **THIS CATALOGUE CONTAINS:**

- Requirements of Concentration in Catechetical Ministry
- Chronological Class Listing
- Alphabetical Listing of Classes and Descriptions
- Catechist Classes
- Media Options
- VLCFF, online classes from Dayton University
- Program Approval for Catechist Credit Request Form

**Other programs and opportunities sponsored by the Office of Faith Formation will be announced through:**

- \* Blog ([www.archlouff.org](http://www.archlouff.org))
- \* Direct communication with target groups
- \* Facebook (<https://www.facebook.com/FaithFormationinArchdioLouisville>)
- \* The Record

**Additional copies of the catalogue:**

- \* can be viewed and downloaded from the Faith Formation blog [www.archlouff.org](http://www.archlouff.org)
- \* can be obtained by contacting Lynn McDaniel at [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) or (502) 636-0296, ext.1267

**Cancellations:**

In the case of inclement weather during non-office hours, please view our blog ([www.archlouff.org](http://www.archlouff.org)) or Facebook ([www.facebook.com/FaithFormationinArchdioLouisville/](http://www.facebook.com/FaithFormationinArchdioLouisville/)) for information concerning delays or cancellations.

## Requirements for Catechetical Ministry Catechist Certificate

The concentration in Catechetical Ministry exists to form persons in their catechetical ministries to adults, youth, or children in the Archdiocese of Louisville. This formational process fosters the acquisition of appropriate applied knowledge and skills, as well as the continued spiritual formation of catechists.

### **PARTICIPANTS**

Persons called to minister in a formal way by proclaiming and teaching God's Word are encouraged to participate in catechetical formation, specifically Catholic School Teachers of Religion/Theology, Parish Catechists (of Adults, Youth or Children), Parish Catechetical Leaders, Coordinators of OCIA, Principals, Youth Ministers, Campus Ministers, and Adult Faith Formation Leaders.

### **REQUIREMENTS**

There are three levels within the concentration. Additional credits earned in each level will be applied to the next level. Coursework may be taken through the Archdiocese of Louisville Ministry Institute (ALMI), media options, online courses, or other **pre-approved** offerings.

To enroll in ALMI go to, <https://forms.gle/75dSVMGR6iWLUQ2R7>, or use the QR code.



### **ASSOCIATE CATECHIST (completion of 20 credits)**

Overview of Catechetical Ministry Part 1 – 2 credits	
Overview of Catechetical Ministry Part 2 – 3 credits	
Faith Development – 2.5 credits	Introduction to Sacraments – 2.5 credits
Images of God – 2.5 credits	Introduction to Christology – 2.5 credits
Introduction to Prayer - 2.5 credits	Introduction to Scripture – 2.5 credits

Ongoing Formation after Associate Level:  
Parish Catechist-15 credits every two years  
School Teachers- 30 credits every two years

## **ADVANCED CATECHIST (Completion of Associate level plus an additional 120 credits)**

THEOLOGY/CONTENT (40 credits with a minimum of 7 different content areas; no more than 6 hours will be credited in any one content area. Additional hours will roll over to Level III.)

Christology	Spirituality	Culture/Diversity
Sacraments	Liturgy	Catholic Social Teaching
Scripture	Prayer	Catholic Beliefs and Practices
Family Life	Church	General Theology
Theology of the Body	Morality	

CATECHETICS (40 hours: 15 of these credits must be under the Mentoring Experience)

SPIRITUAL FORMATION (40 hours) Spiritual Formation requirements may be fulfilled by a variety of methods, e.g., Discipleship, Prayer Groups, Spiritual Direction, Days of Reflection, Retreats

Ongoing Formation after Advanced Level: 15 hours every two years

## **MASTER CATECHIST (Completion of Associate level and Advanced level plus an additional 80 credits)**

THEOLOGY/CONTENT (40 hours within a minimum of 5 different content areas)

Christology	Spirituality	Culture/Diversity
Sacraments	Liturgy	Catholic Social Teaching
Scripture	Prayer	Catholic Beliefs and Practices
Family Life	Church	General Theology
Theology of the Body	Morality	Electives

CATECHETICS/METHODS (20 hours)

SPIRITUAL FORMATION (20 hours) Spiritual Formation requirements may be fulfilled by a variety of methods, e.g., Discipleship, Prayer Groups, Spiritual Direction, Days of Reflection, Retreats

Ongoing Formation after Master Level: 15 hours every two years



# Living as Pilgrims of Hope

Tuesday, January 13, 2026, 6:30 p.m.– 9:00 p.m.  
St. Thomas More, House of Hope  
6105 S 3rd St, Louisville, 40214

**Presenter:** Jane Cruthirds, Director of Mission and Formation, Sacred Heart Schools



Inspired by the Jubilee year of Hope, this class explores the idea of pilgrimage and how it calls us to conversion and closeness with Christ. This interactive session will look at the effects of pilgrimage through the stories of holy men and women who have been a beacon of hope for the world. Participants will be invited to share their own stories of pilgrimage and encounter with Jesus (bring photos).

Catechist Credit: 2.5 toward Spirituality

Pre-registration is required.  
Contact Lynn McDaniel at [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) or  
(502) 636-0296, ext. 1267. Cost is \$10 per class.  
Make checks payable to ALMI.

*Archdiocese  
of Louisville*   
**Ministry Institute**

Sponsored by the Archdiocese of  
Louisville Office of Faith Formation  
with the assistance of the Catholic  
Services Appeal.





# **The Order of Christian Initiation of Adults (OCIA):**

## **A Process, Not a Program**

**Dates: April 13 - May 12, 2026**

**Registration: Opens March 11, 2026 &  
Closes April 9, 2026**



The Order of Christian Initiation of Adults (formerly the RCIA) is the process through which people are prepared, baptized and received as full members of the Catholic Church. Students will discover the renewed vision of the process in the 2024 translation and pastoral considerations to implement it in local communities .

Catechist Credit: 25 hours apply toward Catechetics

**Course Cost: \$50.00. To register and pay go [vlcff.udayton.edu](http://vlcff.udayton.edu).**

The Virtual Learning Community for Faith Formation (VLCFF) is an initiative to offer adult religious education and faith formation anytime and anywhere via the internet. The goal is to support the Church's professional ministry of religious education and faith formation in cyberspace.

The VLCFF is coordinated and sponsored by the Institute for Pastoral Initiatives at the University of Dayton. **The Archdiocese of Louisville is a partner diocese with VLCFF.** VLCFF courses are preapproved for Catechist Credit with the Archdiocese of Louisville Ministry Institute (ALMI).

For more information about VLCFF courses, go to [vlcff.udayton.edu](http://vlcff.udayton.edu) or contact Lynn McDaniel at [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) or 502-636-0296 ext. 1267.



# FAMILY RENEWAL PROJECT

## **Awaken: A Day of Reflection for Adults**

**Date:** January 31, 2026

**Time:** 8:30 am - 3:30 pm

**Location:** St. Peter the Apostle Family Hall  
5431 Johnstontown Road, 40272

**Presenter:** John Sohl

**Cost:** Free

**Catechist Credit:** 6 hours

If you have ever felt like life is a confusing or chaotic nightmare, it's time to awaken to discover your story! The Holy Spirit, just like in the beginning, is hovering over the chaos of our weary souls to bring order, beauty, and goodness. Awaken: Days of Reflection for Adults follow our 8-Level formation model and are meant to spend time pondering the gift of God's creation. This course will be focusing on the second half of Level 3: "The Purpose of Christmas."

Registrations and payments are directly with Family Renewal Project at

[www.familyrenewalproject.com/event/awaken-a-day-of-reflection-for-adults/](http://www.familyrenewalproject.com/event/awaken-a-day-of-reflection-for-adults/).



**PROFESSIONAL DEVELOPMENT AND  
FAITH FORMATION OPPORTUNITIES**  
Sponsored by the Archdiocese of Louisville Ministry Institute (ALMI),  
Office of Faith Formation, & VLCFF

**January- June 2026\***

\*(Only includes June courses with VLCFF. Other June classes will be listed in the Summer Catalogue.)

DATE	EVENT	LOCATION	PAGE
<b>January</b>			
13	Living as Pilgrims of Hope	St. Thomas More	FF-3
19	Basics of Catechist Formation 1.1: Catechesis is...	VLCFF, online	VLCFF-2
19	Bible Basics	VLCFF, online	VLCFF-3
19	Catholic Beliefs	VLCFF, online	VLCFF-3
19	Christology	VLCFF, online	VLCFF-4
19	Chronic Illness: Mental Illness, Grief, Trauma Support and Counselling	VLCFF, online	VLCFF-4
19	Church and Communication	VLCFF, online	VLCFF-4
19	Church History 1	VLCFF, online	VLCFF-4
19	Disabilities in Parish Life: An Overview	VLCFF, online	VLCFF-6
19	Discernment in Practical Morality	VLCFF, online	VLCFF-6
19	Ecclesiology: Beginnings of the Church	VLCFF, online	VLCFF-7
19	Faith and Human Development	VLCFF, online	VLCFF-8
19	History of Catholic Social Action	VLCFF, online	VLCFF-9
19	Images of Jesus	VLCFF, online	VLCFF-10
19	Introduction to Christian Morality	VLCFF, online	VLCFF-10
19	Introduction to Liturgy	VLCFF, online	VLCFF-10
19	Introduction to Paul's Life and Letters	VLCFF, online	VLCFF-11
19	Introduction to Prayer	VLCFF, online	VLCFF-11
19	Introduction to Scripture	VLCFF, online	VLCFF-11
19	Many Faces of Adult Learners	VLCFF, online	VLCFF-13
19	Music in Liturgy	VLCFF, online	VLCFF-13
19	New Testament	VLCFF, online	VLCFF-14
19	Old Testament	VLCFF, online	VLCFF-14
19	Old Testament Literature and Theology	VLCFF, online	VLCFF-14
19	Pastoral Approach to Culture	VLCFF, online	VLCFF-15
19	Principles for Addressing Diversity Issues in Youth Ministry	VLCFF, online	VLCFF-16
19	Roman Catholic Catechesis for Faith Formation	VLCFF, online	VLCFF-17
19	Sacraments	VLCFF, online	VLCFF-17
19	Survey of Catholic Doctrine	VLCFF, online	VLCFF-18
19	This Land is Home to Me: The Cry of Appalachia	VLCFF, online	VLCFF-20
19	Who is Mary of Nazareth, and Why Should We Care?	VLCFF, online	VLCFF-20
24	Queue Source	Online, ZOOM	FF-4

**February**

2	Introduction to Prayer	Sacred Heart Schools	FF-2
7	Survive and Advance: The Intersection of Sports Language and Scriptural Exegesis	Online, ZOOM	FF-5
19	Faith Development	St. Aloysius, Pewee Valley	FF-1

## March

7	Lenten Retreat: Approaching the Book of Signs in the Gospel of John as a guide of Catechesis and Renewal	St. James, Elizabethtown	FF-2
9	Angels in the Bible	VLCFF, online	VLCFF-2
9	Catholic Identity and Culture	VLCFF, online	VLCFF-3
9	Designing a Parish Catechetical Plan	VLCFF, online	VLCFF-5
9	Directory for Catechesis: A General Overview and Reflection	VLCFF, online	VLCFF-6
9	Ecclesiology: A Theological, Historical and Pastoral Summary	VLCFF, online	VLCFF-6
9	Images of Mary	VLCFF, online	VLCLF-9
9	Let this Be the Time: Spiritual Essentials for Life's Second Act	VLCFF, online	VLCFF-12
9	On Bended Knee	VLCFF, online	VLCFF-15
9	Our Hearts Were Burning	VLCFF, online	VLCFF-15
9	Praying with Creative Arts: Poetry	VLCFF, online	VLCFF-16
9	Romero: Pastor, Prophet, Martyr, and Saint	VLCFF, online	VLCFF-17
9	Spirituality of the Missionary Disciple	VLCFF, online	VLCFF-18
9	Summary of Catholic Social Teaching	VLCFF, online	VLCFF-18
9	The Role of Missionary Discipleship in Evangelizing Catechesis	VLCFF, online	VLCFF-19
9	Theological Reflection: Key to Connecting Faith and Life	VLCFF, online	VLCFF-19
<del>18</del>	Overview of the Mass <span style="color: red;">Date changed to April 22</span>	St. Thomas, Bardstown	FF-4
23	Mini Retreat: Happy and Blessed	Sacred Heart Schools	FF-3

## April

13	Basics of Catechist Formation 1.2: Vocation of the Catechist	VLCFF, online	VLCFF-2
13	Bible Basics	VLCFF, online	VLCFF-3
13	Catholic Beliefs	VLCFF, online	VLCFF-3
13	Church History 2	VLCFF, online	VLCFF-5
13	Conscience	VLCFF, online	VLCFF-5
13	Discernment in Practical Morality	VLCFF, online	VLCLF-6
13	Ecclesiology: Pilgrim Church	VLCFF, online	VLCFF-7
13	Evangelization and Discipleship	VLCFF, online	VLCFF-8
13	Facilitating Adult Learning and Faith Formation	VLCFF, online	VLCFF-8
13	Faith and Human Development	VLCFF, online	VLCFF-8
13	Fundamentals in Deaf Faith Formation Methodologies	VLCFF, online	VLCFF-8
13	Galatians	VLCFF, online	VLCFF-9
13	Images of Jesus	VLCFF, online	VLCFF-10
13	Introduction to Liturgy	VLCFF, online	VLCFF-10
13	Introduction to Pastoral Care	VLCFF, online	VLCFF- 10
13	Introduction to Prayer	VLCFF, online	VLCFF- 11
13	Introduction to Scripture	VLCFF, online	VLCFF-11
13	Introduction to the Sacraments of Initiation	VLCFF, online	VLCFF-11
13	Leadership in Ministry	VLCFF, online	VLCFF-12
13	Mary in Scripture and Tradition	VLCFF, online	VLCFF-13
13	New Testament	VLCFF, online	VLCLF-14
13	Old Testament	VLCFF, online	VLCFF-14
13	Planning Youth Ministry Event	VLCFF, online	VLCFF- 16
13	Praying With Children	VLCFF, online	VLCFF- 16
13	Roman Catholic Catechesis for Faith Formation	VLCFF, online	VLCFF-17
13	Sacraments	VLCFF, online	VLCFF-17
13	Scripture and Justice	VLCFF, online	VLCFF-17
13	Scripture, the Soul of Mariology	VLCFF, online	VLCFF-17
13	Survey of Catholic Doctrine	VLCFF, online	VLCFF-18
13	The Mass	VLCFF, online	VLCFF-19

13	The Order of Christian Initiation of Adults (OCIA): A Process, Not a Program	VLCFF, online	VLCFF-19
13	This Land is Home to Me: the Cry of Appalachia	VLCFF, online	VLCFF-20
13	Understanding Culture in Ministry: Building Bridges	VLCFF, online	VLCLF-20
22	Overview of the Mass	St. Thomas, Bardstown	FF-4

### May

13	Introduction to Spirituality	St. Thomas, Bardstown	FF-2
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### June

1	A Vision of Catholic Youth Ministry	VLCFF, online	VLCFF-2
1	An Introduction to Catholic Doctrine on the Blessed Virgin Mary	VLCFF, online	VLCFF-2
1	Basics of Catechist Formation 1.3: The Human Development and Spirituality of the Catechist and Learner	VLCFF, online	VLCFF-3
1	Bible Basics	VLCFF, online	VLCFF-3
1	Catholic Beliefs	VLCFF, online	VLCFF-3
1	Church History 1	VLCFF, online	VLCFF-4
1	Creative Methodologies: ADHD in Parish Life- Pastoral Implications	VLCFF, online	VLCCF-5
1	Ecclesiology: Reframing Church	VLCFF, online	VLCFF-7
1	Faith and Human Development	VLCFF, online	VLCFF-8
1	Guidelines and Norms for Evangelizing Catechesis	VLCFF, online	VLCFF-9
1	Images of Jesus	VLCFF, online	VLCFF-10
1	Introduction to Christian Morality	VLCFF, online	VLCFF-10
1	Introduction to Paul's Life and Letters	VLCFF, online	VLCFF-11
1	Introduction to Prayer	VLCFF, online	VLCFF-11
1	Introduction to Scripture	VLCFF, online	VLCFF-11
1	Leadership Roles and Skills for Adult Learning and Faith Formation	VLCFF, online	VLCFF-12
1	New Testament	VLCFF, online	VLCFF-14
1	Old Testament	VLCFF, online	VLCFF-14
1	Roman Catholic Catechesis for Faith Formation	VLCFF, online	VLCFF-17
1	Sacraments	VLCFF, online	VLCFF-17
1	Survey of Catholic Doctrine	VLCFF, online	VLCFF-18
1	Survey of Catholic Social Teaching	VLCFF, online	VLCFF-18
1	The Role of Missionary Discipleship in Evangelizing Catechesis	VLCFF, online	VLCFF-19
1	Vocation to Ministry	VLCFF, online	VLCFF-20
1	Vocation, Spirituality, and Discipleship of Catechists	VLCFF, online	VLCFF-20

### ONGOING

	Catechist Mentoring Experience	Variable	FF-1
	Creating Sabbath Space in Our Lives	Media Option	MO-1
	Foundation of Liturgy	Media Option	MO-1
	Images of God	Media Option	MO-2
	Introduction to Catholic Social Teaching	Google Classroom, online	FF-1 & MO-2
	Introduction to Prayer	Media Option	MO-2
	Introduction to Sacraments	Media Option	MO-3
	Introduction to Scripture	Media Option	MO-3
	Introduction to Spirituality	Media Option	MO-3
	Living in the Image and Likeness of God	Media Option	MO-4
	Major Themes of Scripture	Media Option	MO-4
	Morality, Ethics, and Social Justice	Media Option	MO-4
	Overview of Catechetical Ministry Part I	Google Classroom, online	FF-4 & MO-5
	Overview of the Mass	Media Option	MO-5
	Sacrament of Anointing of the Sick, Past and Present	Media Option	MO-5
	Sacrament of Baptism, Past and Present	Media Option	MO-6

	Sacrament of Confirmation, Past and Present	Media Option	MO-6
	Sacrament of Eucharist, Past and Present	Media Option	MO-6
	Sacrament of Holy Orders, Past and Present	Media Option	MO-6
	Sacrament of Matrimony, Past, and Present	Media Option	MO-7
	Sacrament of Reconciliation, Past and Present	Media Option	MO-7
	Seven Deadly Sins/Seven Lively Virtues	Media Option	MO-7
	Spiritual Growth in Tough Times	Media Option	MO-8
	Spirituality and the Two Halves of Life	Media Option	MO-8
	Theology of Church	Media Option	MO-8
	Untold Blessings: Three Paths to Holiness	Media Option	MO-9

## Catechist Classes

### Catechist Mentoring Experience

Date: Ongoing; This process may be started at any time, once the mentor has been approved.  
Registration: Contact Lynn McDaniel at [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) or (502) 636-0296, ext.1267.  
Catechist Credit: At completion, 15 hours apply toward Mentoring Experience

**Upon entering the Advanced Level**, the catechist is required to select a mentor who has given witness to his/her faith in the context of effective catechetical ministry. The mentor may be a principal, PCL, coordinator, or another active catechist, and must have obtained a Master Catechist Certificate from ALMI or other professional equivalencies. Contact Lynn McDaniel, [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) or (502) 636-0296, ext. 1267 to begin the Mentoring Experience.

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### Faith Development

Date: Thursday, February 19, 2026  
Time: 3:30 p.m.-6:00 p.m.  
Location: St. Aloysius, Pewee Valley, School Library, 122 Mount Mercy Drive Pewee Valley, 40056  
Presenter: Mary Hynes, Pastoral Associate, St. Aloysius, Pewee Valley  
Cost: \$10.00 (**check payable to ALMI**)  
Registration: Preregistration is required. Contact Lynn McDaniel at [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) or (502) 636-0296, ext.1267.  
Catechist Credit: 2.5 hours apply toward the Associate Level in the area of Faith Development or toward the area of Catechetics

This is a study of the developmental nature of faith and the diverse expressions of faith formed by tradition, culture, and life experience.

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### Introduction to Catholic Social Teaching

Date: Ongoing: This online class may be started at any time.  
Location: Google Classroom  
Cost: \$10.00 (**check payable to ALMI**)  
Registration: Go to <https://classroom.google.com/c/MzE5MiM1MjcwOTE5?cjc=6jenbm4> to begin the class. Contact Lynn McDaniel at [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) if you have any questions about this class.  
Catechist Credit: 7 hours apply toward Theology in the content area of Catholic Social Teaching

This course will provide you with a general understanding of Catholic Social Teaching and practical ways to integrate it into your curriculum.

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**Archdiocese of Louisville  
Faith Formation  
Spring 2026**

**Introduction to Prayer**

Date: Monday, February 2, 2026  
Time: 3:30 p.m.- 6:00 p.m.  
Location: Sacred Heart Schools, Desenzano Conference Rm., Ursuline Mother House, 3115 Lexington Road, 40206  
Presenter: Anna Hudson, Catholic Speaker and Spiritual Director  
Cost: \$10.00 (**check payable to ALMI**)  
Registration: Preregistration is required. Contact Lynn McDaniel at [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) or (502) 636-0296, ext. 1267.  
Catechist Credit: 2.5 hours apply toward the Associate Level in the area of Introduction to Prayer or Theology in the content area of Prayer

This is a study of the diverse forms of individual and communal prayer and identification of one's own preferred style of prayer.

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**Introduction to Spirituality**

Date: Wednesday, May 13, 2026  
Time: 6:00 p.m. – 8:30 p.m.  
Location: St. Thomas, 870 St. Thomas Ln, Bardstown, 40004  
Presenter: Jane Cruthirds, Director of Mission and Formation, Sacred Heart Schools  
Cost: \$10.00 (**check payable to ALMI**)  
Registration: Preregistration is required. Contact Lynn McDaniel at [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) or (502) 636-0296, ext. 1267.  
Catechist Credit: 2.5 hours applies toward Theology in the content area of Spirituality

This is an appreciation of diverse expressions of both personal and communal spirituality and an exploration of the activities of the Spirit of the Church and in the world.

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**Lenten Retreat: Approaching the Book of Signs in the Gospel of John as a Guide of Catechesis and Renewal**

Date: Saturday, March 7, 2026  
Time: 9:30 a.m. – 2:30 p.m.  
Location: St. James, Rodney Thomas Room, 307 West Dixie Ave., Elizabethtown, 42701  
Presenter: Dr. Thomas Malewitz, Asst. Professor/Dir. Ed.D: Leadership Program, Spalding University  
Cost: \$30.00 (**check payable to ALMI**) **Lunch is included.**  
**Please indicate any dietary restrictions when you register.**  
Registration: Preregistration is required. Contact Lynn McDaniel at [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) or (502) 636-0296, ext. 1267.  
Catechist Credit: 5 hours apply toward the Spiritual Formation

Lent is a time to recall and renew our relationship with God through fasting, giving alms, and deeper devotion in prayer. This retreat will follow the Book of Signs in the Gospel of John as a guide and witness of authentic catechesis. From the Wedding Feast at Cana to the Raising of Lazarus, Jesus calls and prepares us to engage in a deeper faith-filled relationship with God. Take time this Lent to reflect on the Gospel and renew your heart in deeper relationship with God.

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**Archdiocese of Louisville  
Faith Formation  
Spring 2026**

**Living as Pilgrims of Hope**

Date: Tuesday, January 13, 2026  
Time: 6:30 p.m. – 9:00 p.m.  
Location: St. Thomas More, House of Hope, 6105 S 3rd St, Louisville, 40214  
Presenter: Jane Cruthirds, Director of Mission and Formation, Sacred Heart Schools  
Cost: \$10 (**check payable to ALMI**)  
Registration: Preregistration is required. Contact Lynn McDaniel at [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) or (502) 636-0296, ext.1267.  
Catechist Credit: 2.5 hours apply toward Theology in the content area of Spirituality

Inspired by the Jubilee year of Hope, this class explores the idea of pilgrimage and how it calls us to conversion and closeness with Christ. This interactive session will look at the effects of pilgrimage through the stories of holy men and women who have been a beacon of hope for the world. Participants will be invited to share their own stories of pilgrimage and encounter with Jesus (bring photos).

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**Mini-Retreat: Happy and Blessed**

Date: Monday, March 23, 2026  
Time: 3:30 p.m. – 6:30 p.m.  
Location: Sacred Heart Schools, Desenzano Conference Rm., Ursuline Mother House, 3115 Lexington Road, 40206  
Presenter: Karen Purnell, Former Pastoral Associate and DRE for various parishes in the Archdiocese of Louisville  
Cost: \$10 (**check payable to ALMI**)  
Registration: Preregistration is required. Contact Lynn McDaniel at [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) or (502) 636-0296, ext.1267.  
Catechist Credit: 3 hours applies toward Theology in the content Spiritual Formation

“Happy and Blessed” is a short afternoon retreat designed to give participants an opportunity to think about what it means to love God. We’ll talk about what love is, why it matters that we love God and how to love Him well, using the instructions in the Great Commandment to love Him with all our heart, soul, mind and strength as our guide.

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**Archdiocese of Louisville  
Faith Formation  
Spring 2026**

**Overview of Catechetical Ministry Part I**

Date: Ongoing: This online class may be started at any time.  
Location: Google Classroom  
Cost: \$10.00 (**check payable to ALMI**)  
Registration: Go to <https://classroom.google.com/c/MzMyNDA2NzkyNDZa?cjc=tjvcoaj> to begin the class. Contact Lynn McDaniel at [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) if you have any questions about this class.  
Catechist Credit: 2 hours apply toward the Associate Level in the area of Overview of Catechetical Ministry

This class is an introductory overview of catechesis which will provide participants with a general understanding of the purpose, goals, and methodology of the ministry of catechesis. It will introduce documents on catechesis and provide catechists with ideas and resources to use in catechetical session planning.

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**Overview of the Mass**

Dates: Wednesday, April 22, 2026 (**Note: This class was moved from March 18, 2026**)  
Time: 6:00 pm – 8:30 pm  
Location: St. Thomas, 870 St. Thomas Ln, Bardstown, 40004  
Presenter: Barry Mudd, Liturgical Consultant, Office of Worship, Archdiocese of Louisville  
Cost: \$10.00 (**check payable to ALMI**)  
Registration: Preregistration is required. Contact Lynn McDaniel at [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) or (502) 636-0296, ext. 1267.  
Catechist Credit: 2.5 hours applies toward Theology in the content area of Liturgy

This class focuses on the Mass, the “source and summit” of all the Church’s activity, as well as the meaning and purpose of the primary elements of the Liturgy of the Word and the Liturgy of the Eucharist.

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**Queue Source**

Date: Saturday, January 24, 2026  
Time: 9:00 a.m.- 12:00 p.m.  
Location: Zoom, online (participants will be sent the Zoom link one week prior to class)  
Presenter: Adam Zoeller, Theology Teacher, Sacred Heart Academy  
Cost: \$10.00 (**check payable to ALMI**)  
Registration: Preregistration is required. Contact Lynn McDaniel at [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) or (502) 636-0296, ext.1267.  
Catechist Credit: 3 hours apply toward Catechetics

In light of Pope Leo’s recent comments supporting the use of media literacy in formation, this session will explore the opportunities associated with film to supplement middle and secondary school theology courses. The use of break-out rooms and faith sharing will be used to analyze media that engages today’s youth. This session is intended for youth ministers as well as middle school and secondary school educators looking for ways to use media in their ministry.

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**Archdiocese of Louisville  
Faith Formation  
Spring 2026**

**Survive and Advance: The Intersection of Sports Language and Scriptural Exegesis**

Date: Saturday, February 7, 2026  
Time: 9:00 a.m.- 12:00 p.m.  
Location: Zoom, online (participants will be sent the Zoom link one week prior to class)  
Presenter: Adam Zoeller, Theology Teacher, Sacred Heart Academy  
Cost: \$10.00 (**check payable to ALMI**)  
Registration: Preregistration is required. Contact Lynn McDaniel at [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) or (502) 636-0296, ext.1267.  
Catechist Credit: 3 hours apply toward Scripture

This class is designed for participants interested in exploring the language of the Letters of St. Paul as they relate to contemporary sports and faith development. The class is intended for catechists and religion/theology teachers as well as coaches, assistant coaches, and athletic directors.

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# Media Options

## Media Options:

- DVD: Required viewing is only available via DVD that is borrowed from the Office of Faith Formation. Additional assignments are required to receive credit (writing assignment and/or reading assignment).
- Online Video: (\*) Required viewing for this course is available via DVD or online. For online access go to either <https://www.youtube.com/@FranciscanMedia/videos> or [www.archlouff.org](http://www.archlouff.org) under the *Online Learning* tab, depending on the class. Additional assignments are required to receive credit (writing assignment and/or reading assignment).
- Google Classroom: (\*\*) All assignments and classwork are only online.

## Creating Sabbath Space in Our Lives \*

Cost: \$10.00 (check payable to ALMI)

Contact: Go to <https://www.youtube.com/@FranciscanMedia/videos> to view the videos (you must watch all 5 parts) or contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236 to borrow the DVD.

Catechist Credit: 7 hours apply toward Spiritual Formation  
There is a total of 5 sessions.

Fr. Ron Rolheiser, O.M.I., originally presented this three-day retreat at King's House Retreat and Renewal Center, Belleville, IL. It has been replicated as a five-session video program that can be used for small group faith sharing, or for private spiritual renewal. Sessions presented are: 1) Sabbath As the First Retreat; 2) Obstacles to Sabbath; 3) Showing Up for the Wedding Feast and Taking the Ointment; 4) Sabbath as Solitude and Reconciliation; and 5) Sabbath: The Rest in God.

Completion Requirement: After viewing all sessions, write a one-to-two-page reflection paper to summarize what you have learned. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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## Foundation of Liturgy \*

Cost: \$10.00 (check payable to ALMI)

Contact: Go to <https://archlouff.org/catechist-certification/online-learning/> to view the video or contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236 to borrow the DVD.

Catechist Credit: 2.5 hours apply toward Theology in the content area of Liturgy

This presentation is a brief overview of the historical development of liturgy, the basic principles of celebrating liturgy and the introduction/concluding Rites of the Mass.

Completion Requirement: Type a minimum of two pages to summarize your learning from the assignment. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Archdiocese of Louisville  
Faith Formation  
Spring 2026**

**Images of God \***

Cost: \$10.00 (**check payable to ALMI**)  
Contact: Go to <https://archlouff.org/catechist-certification/online-learning/> to view the video or contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236 to borrow the DVD.  
Catechist Credit: 2.5 hours apply toward the Associate Level in the area of Images of God or toward Theology in the content area of Spirituality

An exploration into both the personal and communal images of God and how those images impact our sense of community and ministry.

Completion Requirement: Type a minimum of two pages to summarize your learning from the assignment. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Introduction to Catholic Social Teaching \*\***

Date: Ongoing: This online class may be started at any time.  
Location: Google Classroom  
Cost: \$10.00 (**check payable to ALMI**)  
Registration: Go to <https://classroom.google.com/c/MzE5MjM1MjcwOTE5?cjc=6jenbm4> to begin the class. Contact Lynn McDaniel at [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) if you have any questions about this class.  
Catechist Credit: 7 hours apply toward Theology in the content area of Catholic Social Teaching

This course will provide you with a general understanding of Catholic Social Teaching and practical ways to integrate it into your curriculum.

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**Introduction to Prayer \***

Cost: \$10.00 (**check payable to ALMI**)  
Contact: Go to <https://archlouff.org/catechist-certification/online-learning/> to view the video or contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236 to borrow the DVD.  
Catechist Credit: 2.5 hours apply toward the Associate Level in the area of Introduction to Prayer or toward Theology in the content area of Prayer

This is a study of the diverse forms of individual and communal prayer and identification of one's own preferred style of prayer.

Completion Requirement: Type a minimum of two pages to summarize your learning from the assignment. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Archdiocese of Louisville  
Faith Formation  
Spring 2026**

**Introduction to Sacraments \***

Cost: \$10.00 (**check payable to ALMI**)

Contact: Go to <https://archlouff.org/catechist-certification/online-learning/> to view the video or contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236 to borrow the DVD.

Catechist Credit: 2.5 hours apply toward the Associate Level in the area of Introduction to Sacraments or toward Theology in the content area of Sacraments

This presentation explores the meaning of the Sacraments, the role they have in the Church, and the principles of liturgical celebration of the Sacraments.

Completion Requirement: Type a minimum of two pages to summarize your learning from the assignment. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Introduction to Scripture**

Cost: \$10.00 (**check payable to ALMI**)

Contact: Contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236. for class materials (DVD) and additional assignments.

Catechist Credit: 2.5 hours apply toward the Associate Level in the area of Introduction to Scripture or toward Theology in the content area of Scripture

*Echoes of Faith Plus: The Scriptures* explores the central themes and message of the Bible. It explains what the Bible is and why it is considered the holy book of the Christian community. It introduces some of the foundational stories of the Bible.

Completion Requirement: Type a minimum of two pages to summarize your learning from the assignment. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Introduction to Spirituality \***

Cost: \$10.00 (**check payable to ALMI**)

Contact: Go to <https://archlouff.org/catechist-certification/online-learning/> to view the video or contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236 to borrow the DVD.

Catechist Credit: 2.5 hours apply toward Theology in the content area of Spirituality

This presentation is an appreciation of diverse expressions of both personal and communal spirituality and the exploration of the activities of the Spirit of the Church and in the world.

Completion Requirement: Type a minimum of two pages to summarize your learning from the assignment. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Archdiocese of Louisville  
Faith Formation  
Spring 2026**

**Living in the Image and Likeness of God \***

Cost: \$10.00 (check payable to ALMI)  
Contact: Go to <https://www.youtube.com/@FranciscanMedia/videos> to view the videos (you must watch Part 1, 2, & 3) or Contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236 to borrow the DVD.  
Catechist Credit: 3 hours apply toward Spiritual Formation.  
There is a total of 3 sessions.

Fr. Ron Rolheiser, O.M.I., originally presented this three-day retreat at King's House Retreat and Renewal Center, Belleville, IL. It has been replicated as a three-session video program that can be used for small group faith sharing, or for private spiritual renewal. Sessions presented are: 1) The Struggle – Our Congenital Discontent and its deep root, Its Deep Root – The “image and likeness of God” inside of us; 2) The Struggles inherent in our Blessedness, Our simplistic and romanticized notion of this Divine energy inside – its struggles; 3) Living Healthily Inside Divine Madness, Living the Divine Fire Inside us – Commandments for the Long Haul.

Completion Requirement: After viewing all sessions, write a one-to-two- page reflection paper to summarize what you have learned. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Major Themes of Scripture \***

Cost: \$10.00 (check payable to ALMI)  
Contact: Go to <https://archlouff.org/catechist-certification/online-learning/> to view the video or contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236 to borrow the DVD.  
Catechist Credit: 2.5 hours apply toward Theology in the content area of Scripture

This presentation is a survey of the primary themes of Scripture and how they are relevant in our lives today.

Completion Requirement: Type a minimum of two pages to summarize your learning from the assignment. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Morality, Ethics, and Social Justice**

Cost: \$10.00 (check payable to ALMI)  
Contact: Contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236. for class materials (DVD) and additional assignments.  
Catechist Credit: 2.5 hours apply toward Theology in the content area of Morality

*Echoes of Faith Plus: Catholic Morality* explores the foundations of Catholic morality and the practice of the moral life. It covers topics such as, Virtues, Objective and Subjective Morality, Human Actions, the Meaning of Sin, and Conscience.

Completion Requirement: Type a minimum of two pages to summarize your learning from the assignment. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Archdiocese of Louisville  
Faith Formation  
Spring 2026**

**Overview of Catechetical Ministry Part I \*\***

Date: Ongoing: This online class may be started at any time.  
Location: Google Classroom  
Cost: \$10.00 (**check payable to ALMI**)  
Registration: Go to <https://classroom.google.com/c/MzMyNDA2NzkyNDZa?cjc=tjvcoaj> to begin the class. Contact Lynn McDaniel at [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) if you have any questions about this class.  
Catechist Credit: 2 hours apply toward the Associate Level in the area of Overview of Catechetical Ministry

This course is an introductory overview of catechesis, which will provide participants with a general understanding of the purpose, goals, and methodology of the ministry of catechesis. It will introduce the National Directory for Catechesis and provide catechists with ideas and resources to use in catechetical session planning.

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**Overview of the Mass \***

Cost: \$10.00 (**check payable to ALMI**)  
Contact: Go to <https://archlouff.org/catechist-certification/online-learning/> to view the video or contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236 to borrow the DVD.  
Catechist Credit: 2.5 hours apply toward Theology in the content area of Liturgy

This presentation focuses on the Mass, the “source and summit” of all the Church’s activity, as well as, the meaning and purpose of the primary elements of the Liturgy of the Word and the Liturgy of the Eucharist.

Completion Requirement: Type a minimum of two pages to summarize your learning from the assignment. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Sacrament of Anointing of the Sick, Past and Present**

Cost: \$10.00 (**checks payable to ALMI**)  
Contact: Contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236. for class materials (DVD) and additional assignments.  
Catechist Credit: 1 hour applies toward Theology in the content area of Sacraments

Expert author Kathleen Chesto leads viewers through the development and history of the Sacrament of Anointing of the Sick, starting from Biblical times to post-Vatican II.

Completion Requirement: After viewing video, write a one-to-two-page reflection paper to summarize what you have learned. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Archdiocese of Louisville  
Faith Formation  
Spring 2026**

**Sacrament of Baptism, Past and Present**

Cost: \$10.00 (checks payable to ALMI)  
Contact: Contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236.  
for class materials (DVD) and additional assignments.  
Catechist Credit: 1 hour applies toward Theology in the content area of Sacraments

Expert author Kathleen Chesto discusses the nature and purpose of the Sacrament of Baptism, and how its theology and ritual changed over 2,000 years.

Completion Requirement: After viewing video, write a one-to-two-page reflection paper to summarize what you have learned. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Sacrament of Confirmation, Past and Present**

Cost: \$10.00 (checks payable to ALMI)  
Contact: Contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236.  
for class materials (DVD) and additional assignments.  
Catechist Credit: 1 hour applies toward Theology in the content area of Sacraments

Expert author Kathleen Chesto leads viewers through the development and history of Confirmation, starting from Biblical times to post-Vatican II.

Completion Requirement: After viewing video, write a one-to-two-page reflection paper to summarize what you have learned. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Sacrament of Eucharist, Past and Present**

Cost: \$10.00 (checks payable to ALMI)  
Contact: Contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236.  
for class materials (DVD) and additional assignments.  
Catechist Credit: 1 hour applies toward Theology in the content area of Sacraments

Expert author Kathleen Chesto discusses the nature and purpose of the Sacrament of Eucharist, and how its theology and ritual changed over 2,000 years.

Completion Requirement: After viewing video, write a one-to-two-page reflection paper to summarize what you have learned. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Sacrament of Holy Orders, Past and Present**

Cost: \$10.00 (checks payable to ALMI)  
Contact: Contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236.  
for class materials (DVD) and additional assignments.  
Catechist Credit: 1 hour applies toward Theology in the content area of Sacraments

Expert author Kathleen Chesto leads viewers through the development and history of the Sacrament of Holy Orders, starting from Biblical times to post-Vatican II.

Completion Requirement: After viewing video, write a one-to-two-page reflection paper to summarize what you have learned. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Archdiocese of Louisville  
Faith Formation  
Spring 2026**

**Sacrament of Matrimony, Past and Present**

Cost: \$10.00 (**checks payable to ALMI**)  
Contact: Contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236.  
for class materials (DVD) and additional assignments.  
Catechist Credit: 1 hour applies toward Theology in the content area of Sacraments

Expert author Kathleen Chesto leads viewers through the development and history of the Sacrament of Matrimony, starting from Biblical times to post-Vatican II. Chesto offers an engaging presentation in language that is comprehensible and clear.

Completion Requirement: After viewing video, write a one-to-two-page reflection paper to summarize what you have learned. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Sacrament of Reconciliation, Past and Present**

Cost: \$10.00 (**checks payable to ALMI**)  
Contact: Contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236.  
for class materials (DVD) and additional assignments.  
Catechist Credit: 1 hour applies toward Theology in the content area of Sacraments

Expert author Kathleen Chesto discusses the nature and purpose of the Sacrament of Reconciliation, and how its theology and ritual changed over 2,000 years.

Completion Requirement: After viewing video, write a one-to-two-page reflection paper to summarize what you have learned. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Seven Deadly Sins/Seven Lively Virtues**

Cost: \$10.00 (**check payable to ALMI**)  
Contact: Contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236.  
for class materials (DVD) and additional assignments.  
Catechist Credit: 2.5 hours apply toward Spiritual Formation

Reverend Robert E. Barron presents a challenging presentation of the Seven Deadly Sins... and for his message of hope, found in the Seven Lively Virtues.

- Pride/Humility
- Envy/Admiration
- Anger/Forgiveness
- Sloth/Zeal
- Avarice/Generosity
- Gluttony/Asceticism
- Lust/Chastity

Completion Requirement: After viewing the DVD, write a one-to-two-page reflection paper to summarize what you have learned. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Archdiocese of Louisville  
Faith Formation  
Spring 2026**

**Spiritual Growth in Tough Times**

Cost: \$10.00 (**check payable to ALMI**)  
Contact: Contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236.  
for class materials (DVD) and additional assignments.  
Catechist Credit: 3 hours apply toward Spiritual Formation.  
There is a total of 3 sessions.

This series by well-known presenter Joyce Rupp, OSM, offers practical ideas and inspirational stories to help us through the difficult times of our lives. Sessions presented are: 1) Wait, Watch, Work, and Don't Give Up; 2) Find a Reason to Hope; and 3) Trust and Lean on God.

Completion Requirement: After viewing all sessions, write a one-to-two-page reflection paper to summarize what you have learned. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Spirituality and the Two Halves of Life \***

Cost: \$10.00 (**check payable to ALMI**)  
Contact: Go to <https://www.youtube.com/@FranciscanMedia/videos> to view the videos (you must watch Part 1, 2, & 3) or contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236 to borrow the DVD.  
Catechist Credit: 2.5 hours apply toward Spiritual Formation

Ron Rolheiser, a Missionary Oblate of Mary Immaculate, focuses on two distinct parts of growth and discipleship. We leave home at an early age and spend many years trying to find our way back. How do we get back again? That's the spiritual task for the first half of life. But where do we go once we're back home? That's the spirituality for the second half of life.

Completion Requirement: After viewing Parts 1, 2, and 3 of the videos (DVD or online), write a one-to-two-page reflection paper to summarize what you have learned. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Theology of Church \***

Cost: \$10.00 (**check payable to ALMI**)  
Contact: Go to <https://archlouff.org/catechist-certification/online-learning/> to view the video or contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236 to borrow the DVD.  
Catechist Credit: 2.5 hours apply toward Theology in the content area of Church

This presentation explores the meaning and mission of the Church and the role Baptism has within it.

Completion Requirement: Type a minimum of two pages to summarize your learning from the assignment. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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**Archdiocese of Louisville**  
**Faith Formation**  
**Spring 2026**

**Untold Blessings: Three Paths to Holiness**

Cost: \$10.00 (check payable to ALMI)

Contact: Contact Elo Rowan at [erowan@archlou.org](mailto:erowan@archlou.org) or (502) 636-0296, ext.1236.  
for class materials (DVD) and additional assignments.

Catechist Credit: 3 hours apply toward Spiritual Formation.  
There is a total of 3 sessions.

Robert Barron paints a beautiful and mysterious image of what it takes to be a follower of “the One who is, Jesus Christ.” He lays out three intriguing paths to holiness: 1) Finding the Center; 2) Knowing You’re a Sinner; and 3) Realizing Your Life is Not About You. He also provides practical approaches to enhance the journey along these three paths.

Completion Requirement: After viewing all sessions, write a one-to-two-page reflection paper to summarize what you have learned. Papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1-inch margins on all four sides.

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# **Virtual Learning Community for Faith Formation (VLCFF)** **Online Courses from the University of Dayton**

**To register and pay for Virtual Learning Community for Faith Formation (VLCFF) courses, go to the VLCFF University of Dayton web site at [vlcff.udayton.edu](http://vlcff.udayton.edu).**

The Virtual Learning Community for Faith Formation (VLCFF) is an initiative to offer adult religious education and faith formation anytime and anywhere via the internet. The goal is to support the Church's professional ministry of religious education and faith formation in cyberspace.

The VLCFF is coordinated and sponsored by the Institute for Pastoral Initiatives at the University of Dayton. **The Archdiocese of Louisville is a partner diocese with VLCFF.** VLCFF courses are preapproved for Catechist Credit with the Archdiocese of Louisville Ministry Institute (ALMI).

All VLCFF courses have set start, end, and registration dates. Courses are offered in 3-5 week cycles.

Course Cost: \$40.00 - \$50.00 per course.

Many courses have required resources (textbooks or reading materials). To find the required resources for a course, go to the course description at [vlcff.udayton.edu](http://vlcff.udayton.edu). The Office of Faith Formation may have these resources available to loan. Contact Elo Rowan, [erowan@archlou.org](mailto:erowan@archlou.org), to inquire about borrowing the resources.

For more information about VLCFF courses, go to [vlcff.udayton.edu](http://vlcff.udayton.edu) or contact Lynn McDaniel at [lmcdaniel@archlou.org](mailto:lmcdaniel@archlou.org) or 502-636-0296 ext. 1267.

## **Cycle 1**

Dates: January 19 - February 22, 2026  
Registration: Opens Oct. 29, 2025 & Closes Jan. 14, 2026

## **Cycle 2**

Dates: March 9, – March 29, 2026  
Registration: Opens Jan. 21, 2026 & Closes March 5, 2026

## **Cycle 3**

Dates: April 13 - May 12, 2026  
Registration: Opens March 11, 2026 & Closes April 9, 2026

## **Cycle 4**

Dates: June 1 – July 5, 2026  
Registration: Opens April 15, 2026 & Closes May 28, 2026

**Archdiocese of Louisville  
Faith Formation  
Spring 2026**

**Courses:**

**A Vision for Catholic Youth Ministry – Cycle 4**

Catechist Credit: 25 total hours: 15 hours apply toward Catechetics, 5 hours apply in Theology in the content area of Catholic Beliefs and Practices, and 5 hours apply toward Spiritual Formation

The Vision for Catholic Youth Ministry is a five-week course introducing students to the vision and principles for developing an integral approach for pastoral ministry with young people and their families. Students will explore the themes of encounter, accompaniment, and mission in the Catholic Church's ministry with young people and their families. Finally, students will be introduced to a leadership system for creating a stable, vibrant, and lasting ministry within their ministry setting.

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**An Introduction to Catholic Doctrine on the Blessed Virgin Mary – Cycle 4**

Catechist Credit: 25 total hours: 25 hours applies toward Theology in the content area of Catholic Beliefs and Practices

This course will provide a general understanding of what the Catholic Church teaches about the Blessed Virgin Mary. We will emphasize the four Marian dogmas and discern how these and other doctrines pertain to the life of each Christian.

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**Angels in the Bible – Cycle 2**

Catechist Credit: 15 total hours: 15 hours applies toward Theology in the content area of Scripture

The Bible is filled with scenes in which angelic beings are employed to accomplish God's will. Angels speak for God, worship God, and protect God's people. This course will examine how the Bible describes angels and what they do on God's behalf. Because angels are mediators of God's action, the discussion of angels is more than examining one part of creation. Studying angels is studying God.

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**Basics of Catechist Formation: Seminar 1.1 (Catechesis is...) – Cycle 1**

Catechist Credit: 15 total hours: 5 hours apply toward Overview of Catechetical Ministry; 2.5 hours apply toward Faith Development and 7.5 hours apply toward Catechetics

Understanding the significance of catechists for both nurturing an encounter with Jesus Christ within those we catechize and appreciating one's sense of vocation as a catechist.

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**Basics of Catechist Formation: Seminar 1.2 (Vocation of the Catechist) – Cycle 3**

Catechist Credit: 15 total hours: 5 hours apply toward Theology in the content area of General Theology and 10 hours apply toward Catechetics/Methods

This e-seminar explores the meaning of the Vocation of the Catechist. Pope Francis states: "The catechist, is a Christian who is mindful of God, who is guided by the memory of God in his or her entire life and who is able to awaken that memory in the hearts of others". As a catechist, you are responsible to hand on the authentic Catholic Faith. Yet, this faith needs to be rooted in our own lives as catechists. It is essential that catechists have a sense of 'vocation' for their high calling to proclaim the Good News. What is your sense of an authentic meaning of the vocation for being a catechist?

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**Archdiocese of Louisville**  
**Faith Formation**  
**Spring 2026**

**Basics of Catechist Formation: Seminar 1.3 The Human Development and Spirituality of the Catechist and Learner – Cycle 4**

Catechist Credit: 15 total hours: 2.5 hours apply toward Faith Development, 5 hours apply toward Theology in the content area of Spirituality, and 7.5 hours apply toward Catechetics, or 5 hours apply toward Theology in the are content area of Spirituality and 10 hours apply toward Catechetics

This e-seminar will present an overview of the nature of spirituality and various models of spiritual growth and human development set forth by James Fowler, John Westerhoff, Lawrence Kohlberg, and Carol Gilligan. The e-seminar will enable individuals to both assess their own growth and development and recognize various stages in those they teach. Materials include short articles, videos, and selections from the National Directory for Catechesis and the Directory for Catechesis.

This is the third e-seminar for Level 1 of the VLCFF E-Cat Seminar Series. Catechists learn about the various stages of human development in line with the spiritual development of both the catechist and the learner. It is recommended, but not required that the catechist participates in Basics of Catechist Formation 1:1: Catechesis is..... (This three-week e-seminar offers a brief history of the Church's catechetical ministry) and Basics of Catechist Formation 1.2: Vocation of the Catechist (This three-week e-seminar explores what it means to be a catechist today).

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**Bible Basics –Cycle 1, Cycle 3 & Cycle 4**

Catechist Credit: 25 total hours: 20 hours apply toward Theology in the content area of Scripture and 5 hours apply toward Spiritual Formation

This course is intended for those seeking an overview of and background to the Bible so that they can more fully understand Sacred Scripture from a Catholic perspective. It includes themes such as Biblical Composition, Inspiration, the Canon of the Sacred Scripture, and How to Choose a Bible.

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**Catholic Beliefs –Cycle 1, Cycle 3 & Cycle 4**

Catechist Credit: 25 total hours: 20 hours apply toward Theology in the content area of Catholic Beliefs and Practices and 5 hours apply toward Catechetics

A clear understanding of our central belief system is essential for any Catholic. This course will enable the student to appreciate the function of doctrine and the process of theology through which doctrines develop in the Roman Catholic Tradition. In addition, students will develop the skills to articulate personal beliefs, explain the role and function of faith in theology, and describe the role of the catechist in passing on the tradition.

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**Catholic Identity and Culture – Cycle 2**

Catechist Credit: 15 total hours: 5 hours applies toward Theology in the content area of Catholic Beliefs and Practices and 10 hours applies toward Catechetics

This e-seminar is specifically designed for Catholic school administrators, faculty, staff, Board Members and families to enhancing their understanding for what it means to be a Catholic School in the 21st century. The e-seminar presents the newest Standards, Benchmarks and Catholic Church teaching for nurturing the Catholic ethos of our Catholic schools. This e-seminar was designed by Bro. William Campbell, SM, PhD, who has been a Catholic School Principal, Superintendent, former NCEA staff and now serving on the Marianist Provincial Council. He articulates the basic practical wisdom that can animate profound conversations within the Catholic School community. There are a variety of models for implementing this e-seminar for an effective planning process within the Catholic School.

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**Archdiocese of Louisville**  
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**Christology – Cycle 1**

Catechist Credit: 25 total hours: 25 hours apply toward Theology (15 hours in the content area of Christology and 10 hours in the content area of Scripture)

This understanding of Jesus Christ is the fruit of the study of person and mission of Jesus Christ: Christology. This has been a central focus of study for theology since the beginning of the Church. What we believe and argue today about whom Jesus is and what He did was earned through much prayer, thought and argument. This course will enable students to learn and understand the foundations upon which all Christology rests, the theology developed from the apostolic age through the Council of Chalcedon in the fifth century A.D.

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**Chronic Illness: Mental Illness, Grief, Trauma Support and Counseling – Cycle 1**

Catechist Credit: 25 hours apply toward Electives

Chronic Illness: Mental Illness, Grief, Trauma Support, and Counseling provides participants with information about living with mental illness and repercussions from trauma, as well as the impact on family, friends, the community, and the Church. Today, mental health and the impact of trauma are beginning to receive attention in the Church and around the world due to increasing deaths from suicide and addiction, as well as the sizeable number of children growing up with a history of trauma, abuse, and neglect. This course is designed for anyone who works with children and adults at the diocese or parish levels, including pastors, deacons, catechetical leaders, catechists, parochial school principals and teachers, and lay ministers. A degree or background in counseling or psychology is not necessary to complete this course. Because conversations about death from suicide, violence, and addiction are essential to address when discussing mental illness and trauma, participants should be aware that these topics will be discussed.

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**Church and Communication – Cycle 1**

Catechist Credit: 25 total hours: 20 hours apply toward Theology (15 in the content area of Church, and 5 in the content area of Spirituality) and 5 hours apply toward Catechetics

Media dominates modern culture. Everyone is immersed in communication technologies in ways that are expanding at a phenomenal pace. What does the Church have to say about this reality for our times? This course is designed for catechists, pastoral ministers, clergy and all those who seek a greater understanding of the Church's attitude, teaching and mission regarding entertainment and information media, including the theology and spirituality that underpins this teaching. Therefore the course relies heavily on Church documents to discuss issues such as what communication means and how it works, the history of communication within the Church, and pastoral planning for communication.

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**Church History 1 – Cycle 1, and Cycle 4**

Catechist Credit: 25 hours apply toward Theology in the content area of Church

Basic knowledge and deep appreciation of Church History enables us to understand how the Catholic Church has evolved through time. We see how the Holy Spirit was and continues to be present. We become familiar with men and women who attempted to define the nature and role of the Church in each period of history. The road was not easy as religious, political, economic, and social tensions impacted the Church's unfolding story. Church History 1 is one of two parts of a basic introduction to the History of the Church. This course covers the period from Pentecost to the beginning of the Reformation. While we cannot cover in depth all the factors which influenced the development of the early Church, we are able to begin the journey here.

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**Church History 2 – Cycle 3**

Catechist Credit: 25 hours apply toward Theology in the content area of Church

There are two parts to our Church History courses: Church History I and Church History II. It is recommended that Church History I precede engaging in Church History II in order to understand the flow and development of the Church through her 2000-year-old history.

Church History 2 navigates the student from the Reformation (where Church History I ended) through the Second Vatican Council into the 21st century. Students explore the cultural, political, social and religious factors which influenced the Church's journey. Significant men and women emerged to support and challenge the Church's understanding of herself and relationship with the world.

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**Conscience – Cycle 3**

Catechist Credit: 25 total hours: 25 hours apply toward Theology (20 hours in the content area of Morality and 5 hours in the content area of Catholic Social Teaching)

What does the Church require of us? How is our conscience formed? This basic level course helps students perceive morality as a response to the universal call to holiness, a response to the invitation of eternal life with God. Using selected readings from Church documents and accomplished authors, we will explore the theology and process of moral decision-making.

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**Creative Methodologies: ADHD in Parish Life – Pastoral Implications – Cycle 4**

Catechist Credit: 25 hours apply toward Catechetics

This e-course is an attempt to introduce catechists to understanding the meaning and impact of Attention Deficit Hyperactivity Disorder (ADHD) on faith formation. It is a guide for cultivating faith learning environments that support and incorporate the person with ADHD within the catechetical environment. Understanding ADHD will make it easier to embrace individuals with this condition and their families in parish life. This course is designed to help participants to understand the symptoms of ADHD syndrome. E-Learners will also be presented with suggestions for techniques that work to engage individuals with ADHD in catechesis and facilitate appropriate behavior.

\*\*\*Please note: the course Disabilities in Parish Life: An Overview is a prerequisite for this course..

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**Designing a Parish Catechetical Plan – Cycle 2**

Catechist Credit: 15 apply toward Catechetics

**This is an ADVANCED level course and should not be attempted without sufficient grounding in the basics of the Catholic faith.**

The following are prerequisites for this seminar: Overview of the GDC and NDC, and National Directory for Catechesis. This seminar will guide you through setting up a plan for implementing the directives of the NDC in your parish.

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**Directory for Catechesis: A General Overview and Reflection – Cycle 2**

Catechist Credit: 15 total hours: 15 hours apply toward Catechetics

This e-seminar is an overview of the Directory for Catechesis which presents how-to guidelines for catechesis within the work of evangelization. This e-seminar gives primary consideration to key concepts that are new, expanded, or changed from previous directories. It is recommended for clergy, parish staff, volunteer catechists, teachers, ministry heads, and all involved in formal religious instruction.

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**Disabilities in Parish Life: An Overview – Cycle 1**

Catechist Credit: 25 total hours: 5 hours apply toward Theology in the content area of Catholic Beliefs and Practices, and 20 hours toward Methods

*Disabilities in Parish Life: An Overview* (hereafter, *Disabilities: An Overview*) seeks to provide participants with a basic understanding of the perspectives of people with disabilities and their family and friends, relevant issues of concern, and ways in which participants can create accessible parish and diocesan environments. It includes information on the less-than-obvious aspects of disability ministry not always apparent to the casual observer, such as stigma, grief, poverty, attitudes, family dynamics, and culture.

The *Disabilities: An Overview* course is designed for diocesan personnel as well as pastors and associates, deacons, seminarians, catechetical leaders and catechists, parish nurses, members of the liturgy or social justice committee, teachers, family members, and parish council members...all those whose ministries impact Catholics with disabilities. It is important for these church leaders and the total body of Christ to gain an understanding that:

1. One in five persons in every parish across the world has a definable disability. When family members are included this comes to a sizeable if silent part of most parishes.
  2. Disability is not always obvious. It is important for parish leadership to understand the need, and to reach out. Simple accommodations can yield great results.
  3. The life and dignity of every person is an integral part of Church teaching. Learning effective ways of including people with disabilities in the life of the Church affirms this truth.
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**Discernment in Practical Morality – Cycle 1, and Cycle 3**

Catechist Credit: 25 hours apply toward Morality

- Gain an understanding of just what is “Christian morality”
  - Gain an appreciation for our response to the love of God in the moral life
  - Grow in understanding our role in the work of the reign of God
  - Learn what the reality of conscience is and the role it plays in that work
  - Grow in appreciation for living with resurrection faith and Christian hope in the process of conversion
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**Ecclesiology: A Theological, Historical and Pastoral Summary – Cycle 2**

Catechist Credit: 15 hours apply toward Theology in the content area of Church

Draw a historical line from the origin of the Church its present and future.  
Strengthen the knowledge that the participants have of the Church its structure, its theology and spirituality.  
Establish continuity between the mission of Jesus and the Church.  
Advance the concept of an evangelization for today's world.

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**Ecclesiology: Beginnings of the Church – Cycle 1**

Catechist Credit: 25 total hours: 25 hours apply toward Theology (13 hours in the content area of Church and 12 hours in the content area of Scripture)

As a topic *Ecclesiology*, the Theology of Church, studies the Church in itself, that is, as an institution with a 2000-year history. This course is the first in a series of three courses, which together will give the student a basic understanding of a topic that is essential for effective catechesis. The first part, *Ecclesiology: Beginnings of the Church*, introduces the student to the theological study of the Church. The student will become familiar with basic terms and concepts that are essential for understanding the Church's nature and mission, and how these have been a constant theme in the Church's evolution as a "living organism" throughout history.

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**Ecclesiology: Pilgrim Church – Cycle 3**

Catechist Credit: 25 hours apply toward Theology in the content area of Church

The Pilgrim Church is the second in a series of three courses in ecclesiology, the theology of church. Building on the understanding of church developed in *The Beginnings of the Church*, this course continues to explore how the Church, as a living organism through the centuries, both maintains its continuity with Jesus and reshapes its own self-understanding. We will see how the Church continually reconstitutes itself through its decisions in meeting the challenges of each age.

Prerequisites for this course include these VCLFF courses: "Scripture: New Testament," "Images of Jesus (or Christology)," and "Ecclesiology: The Beginnings of the Church."

**[Catechists and lay ecclesial ministers are required to take all three courses in order.]**

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**Ecclesiology: Reframing Church – Cycle 4**

Catechist Credit: 25 total hours: 25 hours apply toward Theology (15 hours in the content area of Church and 10 hours in the content area of Catholic Beliefs and Practices)

Reframing Church is the third in the VCLFF track introduction to Ecclesiology and builds on the learning in the first two courses in this track, *Reframing Church* concentrates on the developments at Vatican II. Like the preceding courses, *Beginnings of the Church* and *The Pilgrim Church*, this course intends both to help the student build his or her knowledge base about the Church but also to acquire skills for thinking about the Church in itself. All of the major events of Church history either caused or resulted from a change in the Church's self-understanding. There is no "big bang" theory of how the Church came to be! Although the event of Vatican II startled many inside and outside the Catholic Church, it, too, was a result of social, cultural, and political change in society that demanded fresh responses from the Roman Catholic Church. As in the previous courses, the image of the Church as a "living organ" (*Dogmatic Constitution on the Church*) will again focus our attention. Specific topics such as the Council's teaching on liturgy, Scripture, hierarchy, laity, and the Church's relationship with the world are examined for their cumulative effect on the Church as a whole. The title of this course, *Reframing Church*, indicates the essential first step we must take to achieve this understanding: seeing the Church within the frame of assumptions, beliefs, and values underlying the texts. Although Vatican II dealt with issues we know have with the Church from the beginning, the Council's framing of the issues casts them in an entirely new light. Our response to the Council will be more informed to the extent that we understand the frame surrounding the word "Church" after Vatican II.

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**Evangelization and Discipleship – Cycle 3**

Catechist Credit: 25 total hours: 25 hours apply toward Theology (20 hours in the content area of Catholic Beliefs and Practices and 5 hours in the content area of Culture/Diversity)

This course will explore our call to conversion and discipleship, the meaning of evangelization from a Catholic perspective, and its relationship to the ministries of Word, Worship and Service. It includes useful suggestions related to evangelization efforts within parishes and has tools for evaluating current needs.

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**Facilitating Adult Learning and Faith Formation – Cycle 3**

Catechist Credit: 25 total hours: 20 hours apply toward Methods and 5 hours apply toward Catechetics

This course builds on Course Three by looking at important foundations and principles for adult learning and principles for facilitating adult learning and faith formation for all ages of adults. This course may appear to be academic, but it seeks to explore the insights and building blocks for understanding adult learning and faith formation today. While looking at different approaches to adult learning, each session will focus on specific principles for facilitating adult learning.

This course is part of a specialized Certificate in Adult Formation Leadership and is meant to be taken as part of a sequence. This course pre-supposes knowledge in the previous courses. Refer to the certificate page for more information.

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**Faith and Human Development – Cycle 1, Cycle 3 & Cycle 4**

Catechist Credit: 25 total hours: 25 hours apply toward Catechetics or 2.5 hours apply toward Associate Level in the area of Faith Development and 22.5 hours apply toward Catechetics

General Course Objectives

- Understand basic tenets of Christian spirituality
  - Understand theories of human development in morality and self-awareness in the developing life cycle with accompanying spiritual development
  - Become familiar with the spiritual and psychological stages of life from childhood to older adulthood.
  - Gain appreciation for and understanding of the connections between psychological and spiritual growth through the life cycle
  - Become familiar with theorists' models of human development and spiritual growth for self-understanding and relational understanding of others.
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**Fundamentals in Deaf Faith Formation Methodologies – Cycle 3**

Catechist Credit: 25 total hours: 15 hours apply toward Catechetics and 10 hours apply toward Theology in the content area of Culture/Diversity

This course is designed to provide an informative base and understanding regarding: Deaf Culture, perspectives on deafness, methods of communication, spectrum of deafness, sacramental, faith formation and RCIA accommodations, adaptations and resources. This course will address the unique experiences of Deaf people from various perspectives. This course is designed for Catholic School teachers who need to familiarize themselves with faith formation methodologies; as well as catechetical leaders and catechists who need to familiarize themselves with the lingo and fundamentals of ministering to families with Deaf people. This course may also be beneficial to parents of Deaf children who may wish to learn more about approaches to educating their children in the faith.

*\*\*\*Please note: the course Disabilities in Parish Life: An Overview is a prerequisite for this course.*

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**Galatians – Cycle 3**

Catechist Credit: 25 hours apply toward Theology in the content area of Scripture

This course is an in-depth study of Paul's letter to the Galatians. In this course students will learn about the location and ethnic makeup of the Galatian community, and they will learn about key Pauline terms such as "works of the law," "justification," and "faith in / of Christ," which will assist students as they interpret other Pauline letters. Galatians will also introduce students to one of the earliest conflicts in Christianity--the place of non-Jews *or* Gentiles in the Christian community. Moreover, this letter will inform students about the opponents of Paul, commonly called *Judaizers*, and the differences between the theology of the Jerusalem Church and Paul himself. Study of this letter will help students understand many of today's theological differences between Protestants and Catholics that go back to the time of the Reformation, and study of this letter will help students better understand the conflicts between the Church and the Synagogue that started as early as the late first-century CE. Finally, this course will give students a glimpse of early Christian ethics and what it meant to live a virtuous life in the early Christian communities.

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**Guidelines and Norms for Evangelizing Catechesis – Cycle 4**

Catechist Credit: 25 hours apply toward Theology in the content area of Scripture

The Directory for Catechesis, presented to the universal Church on June 24, 2020, was developed to address the current needs of catechesis such as the globalization of culture, the rise of a digital culture, the need for the "way of beauty" in catechesis, and other pastoral needs and opportunities for catechesis. This e-course will explore those issues as well as practical guidelines for catechesis within the work of evangelization. The e-course is recommended for all involved in formal religious education.

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**History of Catholic Social Action – Cycle 1**

Catechist Credit: 25 hours apply toward Theology in the content area of Catholic Social Teaching

**This is an ADVANCED level course and should not be attempted without sufficient grounding in the basics of the Catholic faith.**

The Catholic Social Tradition is often identified with the official social documents of the Church. As valuable as these teachings are, they only tell part of the story of Catholic social ministry. These official teachings have been influenced and shaped by the activism of Catholics around the world. The documents, in turn, have motivated and encouraged various forms of Catholic Social Action and Ministry. This course exposes the participants to some of the highlights of this rich tradition of Catholic Social Action.

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**Images of Mary – Cycle 2**

Catechist Credit: 15 hours apply toward Theology in the content area of Catholic Beliefs and Practices

Our Blessed Mother, Mary, is seen as a mother-figure in many cultures. The goal of this seminar is to present the basic concept of Mary as Mother of God as seen in art, and some global perspectives for enrichment, as well as a deeper appreciation of the role she plays within other cultures.

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**Images of Jesus – Cycle 1, Cycle 3, & Cycle 4**

Catechist Credit: 25 hours total: 25 hours apply toward Theology (10 hours in the content area of Christology, 10 hours in the content area of Scripture and 5 hours in the content area of Liturgy) or 2.5 hours apply toward Associate Level toward Introduction to Christology and 22.5 hours apply toward Theology (7.5 hours in the content area of Christology, 10 hours in the content area of Scripture, and 5 hours in the content area of Liturgy)

**Note:** It is advisable to have taken Introduction to Scripture before attempting this course. Through this course the participant will have the opportunity to examine, from a variety of theological perspectives, what we know and believe about the central figure of the Christian faith and arguably the most influential person who ever walked the earth. After looking at many different resources, the student will be able to form a personal answer to "Who do you say that I am?"

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**Introduction to Christian Morality – Cycle 1 & Cycle 4**

Catechist Credit: 25 total hours: 25 hours apply toward Theology (18 hours in the content area of Morality and 7 hours in the content area of Scripture)

This course is designed to explore how we can live virtuous, meaningful, faith-filled lives guided by moral principles rooted in the teaching of the Church. Morality isn't just about distinguishing right from wrong, Morality is not just a theory—it's about applying these values to everyday choices, relationships, and challenges that we experience. In this course, we will delve into how the rich tradition of Catholic moral theology, as found in Scripture and Sacred Tradition. We will explore how Catholic moral theology can shape our decisions in practical ways.

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**Introduction to Liturgy – Cycle 1 & Cycle 3**

Catechist Credit: 25 total hours: 25 hours apply toward Theology (20 hours in the content area of Liturgy and 5 hours in the content area of Scripture)

As central to the life of the Christian person, liturgy engages the heart, body and soul in praise, thanks and worship of God as Trinity. In this course, participants will study the ritual and symbolic meaning of liturgy, its structural elements and its importance to Christian worship and life. All reading material is built into the course.

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**Introduction to Pastoral Care – Cycle 3**

Catechist Credit: 25 total hours: 15 hours apply toward Methods and 10 hours apply toward Theology (5 hours in the content area of Catholic Beliefs and 5 hours in the content area of Prayer)

In this introduction to pastoral care, a course for lay parish workers and volunteers, you will be introduced to some essential scriptural, pastoral and relational considerations for effective and sensitive pastoral care in parish and community ministries.

During the course you are invited to bring your personal understanding of our loving and merciful God to the task of forming the foundations for effective and empathetic pastoral care in lay ministry. It is designed to help you to appreciate the relational nature of care and the diversity of people to whom you will minister within the parish or community. You will develop an understanding of what it means to be a minister of care and become aware of the personal qualities needed as you accompany people in their times of need. Your disposition and skills for pastoral care will be developed through personal and theological reflection on the Scriptures and readings. Through the discussion boards you will have the opportunity to engage with your on-line learning community and make connections between your own experience, theological reflection and the practical skills of the ministry of care and presence.

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**Introduction to Paul's Life and Letters – Cycle 1, & Cycle 4**

Catechist Credit: 25 hours apply toward Theology in the content area of Scripture

**Note:** This course presumes a fundamental background in Old Testament.

It is an intermediate level introduction to Paul's life and letters. The course begins with an in-depth look at Paul's autobiography according to his letters and then moves on to discuss the seven authentic letters of Paul as both history and theology. Topics such as Paul and Politics, Paul and Women, Paul and the Second Coming, Paul and Slavery, Paul and Judaism, and Paul on Salvation and Suffering will be discussed throughout the five weeks of this course. Students will read a variety of materials including some of the most important articles written about Paul in the twentieth and twenty-first centuries. At the completion of this course students will be able to situate Paul in his first-century environment and talk intelligently about how Paul's theology is relevant for today's church.

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**Introduction to Prayer – Cycle 1, Cycle 3, & Cycle 4**

Catechist Credit: 25 hours total: 15 hours apply toward Theology in the content area of Prayer and 10 hours apply toward Spiritual Formation or 2.5 hours apply toward Associate Level in the area of Introduction to Prayer and 12.5 apply toward Theology in the content area of Prayer and 10 hours apply toward Spiritual Formation

"Prayer is our means of taking a sighting, of re-orienting ourselves – by re-establishing contact with our goal. In the presence of God many components of our life fall into perspective and our journey makes more sense. Prayer is inseparable from living" (Casey, p.5). This course explores prayer as essential to our lives as Christian people, as individuals and within our community of faith. Through this course, students will explore the qualities, forms and expressions of prayer that help to form and sustain our lives as Catholic Christians.

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**Introduction to Scripture – Cycle 1, Cycle 3, & Cycle 4**

Catechist Credit: 25 hours total: 25 hours apply toward Theology (20 hours in the content area of Scripture and 5 hours in the content area of Catholic Beliefs and Practices) or 2.5 hours apply toward Associate Level in the area of Introduction to Scripture and 22.5 apply toward Theology (17.5 hours in the content area of Scripture and 5 hours in the content area of Catholic Beliefs and Practices)

This course presupposes that an individual has not had a general overview of the bible and is interested in a more academic approach. If you are brand new to studying the bible you may be better to start with the Bible Basics course. The Introduction to Scripture course cannot cover everything one needs to know for navigating into the world of the scriptures but one is given a few basic concepts to begin the journey. This course will focus how the Bible came about, what were some of the cultural factors which influenced the events around the writing of the Old and New Testaments, and what Church documents today tell us about the Bible. You are about to begin an interesting journey.

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**Introduction to the Sacraments of Initiation – Cycle 3**

Catechist Credit: 25 hours total: 15 hours apply toward Theology in the content area of Sacraments and 10 hours apply toward Spiritual Formation

According to the Catechism of the Catholic Church, "Christian initiation is accomplished by three sacraments together: Baptism which is the beginning of new life; Confirmation which is the strengthening [of our faith]; and Eucharist which nourishes [us as] disciples with Christ's Body and Blood for...transformation in Christ." (CCC 1275). In the process of taking this course, participants will take a dedicated look at the three Sacraments of Initiation, their roots in our faith tradition, and how they individually inspire, and collectively guide our discipleship, while fostering Christ's mission in others, and within our communities of faith.

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**Leadership in Ministry – Cycle 3**

Catechist Credit: 25 hours apply toward Methods

Leadership in Ministry invites participants to encounter some of the scholarship and tools within the field of leadership/management studies with an eye to their applicability in an ecclesial setting. If you take this course, you will be introduced to Robert Greenleaf, Warren Bennis, Jim Collins, Juana Bordas and others, familiar and new, whose work can enable the development of a leadership perspective that serves the ecclesial minister. In this course, you will consider the relationship between leadership and management, Jesus as a model leader, and some trends in ecclesial leadership. While the Church is not a corporation or a business, it does have some of the same organizational demands, and leadership/management is one of them. What general principles of leadership apply in an ecclesial setting? What are some of the unique leadership characteristics for those who serve Christ and the Church? What is your individual leadership style? Finally, lest you think this is just a theoretical course, you will have the chance to consider some of the skills necessary to serve as an ecclesial leader: planning, community building and running a meeting to name three.

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**Leadership Roles and Skills for Adult Learning and Faith Formation – Cycle 4**

Catechist Credit: 25 hours apply toward Methods

During this course, you will discover your leadership strengths and learn the various tasks of Christian leaders. Leadership for adult learning and faith formation calls for skills in collaboration, along with ways of forming and empowering others for roles in adult learning and faith formation. Included will be learning how to facilitate effective meetings, methods for communication, dealing with conflict and ways for leaders to create a balanced approach to Christian life.

This course is part of a specialized [Certificate in Adult Formation Leadership](#) and is meant to be taken as part of a sequence. This course pre-supposes knowledge in the previous courses. Refer to the certificate page for more information.

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**Let This Be the Time: Spiritual Essentials for Life's Second Act – Cycle 2**

Catechist Credit: 15 hours apply toward Spiritual Formation

If we don't listen to the world's stereotypes, myths and jokes about getting older, our lives are filled with possibilities, growth, depth and joy, particularly in the things that matter. The spirituality of our maturing years enables us to be maturing persons of integrity, touching the world with gifts that are so needed. This seminar explores the needs of people in their later lives: what is happening and how to maximize these times for the deepening of our spirituality.

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**Many Faces of Adult Learners – Cycle 1**

Catechist Credit: 25 total hours: 10 hours apply toward Catechetics and 15 hours apply toward Theology in the content area of Culture/Diversity

In *Catechesi Tradendae*, (*On Catechesis in Our Times*, #43), Pope John Paul II wrote that the catechesis of adults is "the principal form of catechesis, because it is addressed to persons who have the greatest responsibilities and the capacity to live the Christian message in its fully developed form." □ In 1999, the bishops of the United States presented us with a pastoral plan for fulfilling the challenge of forming and transforming adults into persons with mature faith. This document is *Our Hearts Were Burning Within Us: A Pastoral Plan for Adult Faith Formation in the United States*.

Before we can successfully catechize adults, however, we must first understand who the adults in our Church are. In this course we shall briefly explore the elements which determine how we plan for and implement adult learning and faith formation opportunities in our parishes.

This course is part of a specialized [Certificate in Adult Formation Leadership](#) and is meant to be taken as part of a sequence. This course pre-supposes knowledge in the previous courses. Refer to the certificate page for more information.

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**Mary in Scripture and Tradition – Cycle 3**

Catechist Credit: 25 total hours: 25 hours apply toward Theology (20 hours in the content area of Catholic Beliefs and Practices and 5 hours in the content area of Scripture)

**This is an ADVANCED level course and should not be attempted without sufficient grounding in the basics of the Catholic faith.**

Fathers Johann Roten, S.M. and Bert Buby, S.M., two professors at the International Marian Research Institute, and Sister Jean Frisk, an expert in catechesis, designed this course on Mary to foster an appreciation of the place which the Virgin Mary occupies in the history of salvation and in the life of the Church. They also hope to build a more conscious awareness of the Marian dimension of the Catholic life. This advanced level course is enhanced by its link to the Mary Page of the Marian Library at the University of Dayton that contains ecclesial documents, iconography, a listing of apparitions, and practical answers to questions raised about the role of Mary in the Church today.

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**Music in Liturgy – Cycle 1**

Catechist Credit: 25 hours apply toward Theology in the content area of Liturgy

This course covers the basic role of music within the liturgical rites of the Roman Catholic Church. Special emphasis is given to introductory best practices in planning hymnody for Sunday Masses and Feast days.

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**New Testament – Cycle 1, Cycle 3, & Cycle 4**

Catechist Credit: 25 hours apply toward Theology in the content area of Scripture

This course is the third of basic level introductory courses to Scripture. We recommend the courses be taken in sequence especially if a student has had limited previous studies in Scripture. The sequencing enables the student to cultivate a strong Biblical foundation for understanding and applying the Scriptures in their lives. The sequence is: (1) Introduction to the Scriptures, (2) Introduction to the Old Testament and (3) Introduction to the New Testament.

This course attempts to explore the stories in and behind the writings we call the New Testament. The course is a general overview introducing the student to the cultural context, composition, themes and pastoral application of the New Testament accounts for growing in Biblical knowledge. As in the Old Testament, we will study the texts from the threefold perspective of the World within the Text: Literature, The World behind the Text: History, and the World in Front of the Text: Our Culture. Through the study of Biblical maps, articles and religious art present on authoritative websites, our text and class discussions students can grow in New Testament knowledge, understanding and application to their life and ministry.

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**Old Testament – Cycle 1, Cycle 3, & Cycle 4**

Catechist Credit: 25 hours apply toward Theology in the content area of Scripture

This course is the second of basic level introductory courses to Scripture. We recommend the courses be taken in sequence especially if a student has had limited previous studies in Scripture. The sequencing enables the student to cultivate a strong Biblical foundation for understanding and applying the Scriptures in their lives. The sequence is: (1) Introduction to the Scriptures, (2) Introduction to the Old Testament and (3) Introduction to the New Testament.

This course paves the way for students to develop deeper personal understanding and appreciation for the Biblical context, structure (Canon), authoring, meaning and historical impact of the Old Testament. Students are introduced to methods of reading Biblical texts, understanding the story lines and process of interpretation with cultural contexts, and current trends in Biblical research. Students are encouraged to respect the wholeness of the Biblical texts. This approach assists students as they acquire new skills and tools to navigate through the Old Testament and apply its wisdom to their spiritual lives and ministry.

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**Old Testament Literature and Theology – Cycle 1**

Catechist Credit: 25 hours apply toward Theology in the content area of Scripture

After readings and discussions on the Introductory Topics of biblical truth, religious myth, and the foundational nature of the Old Testament in the Catholic Canon of Scripture, the course introduces the student in the remaining four sessions to the four divisions of the Old Testament in the Catholic Tradition: 1) the Pentateuch; 2) the Historical Books; 3) the Prophetic Books and 4) the Wisdom Literature.

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**Archdiocese of Louisville**  
**Faith Formation**  
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**On Bended Knee – Cycle 2**

Catechist Credit: 15 total hours: 10 apply toward Spiritual Formation and 5 hours apply toward Theology (2.5 hours in the content area of Liturgy and 2.5 hours in the content area of Catholic Social Teaching)

Based on the Pastoral Letter of Bishop Anthony G. Bosco, Diocese of Greensburg, this online seminar is a spiritual journey for critically reflecting upon one's understanding of the Eucharist and its meaning and impact on our relationships with one another. Eucharist is so much more than getting our attendance card checked off in heaven for attending Mass on the weekend. The Eucharist calls us to service!

A prayerful environment is important for this topic. While journeying through this seminar it is appropriate, if you are able, to create a special reflective space or environment to enter into the experience. You may need to select a special time to participate in these sessions to ensure your prayerful journey. You may decide to light a special prayer candle. Begin each session by taking a few moments to center yourself in the presence of God. In session #2, you are asked to reflect on a cross (one that is particularly special to you). Journal: It is recommended that you keep a personal journal as you proceed through the seminar. You may do this in a handbook or as a Word document. The journal helps us to focus and monitor our reflections for growing in understanding how Eucharist calls you to service!

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**Our Hearts Were Burning – Cycle 2**

Catechist Credit: 15 hours apply toward Catechetics

Published at the end of 1999, the plan seeks to place adult faith formation where it belongs: At the center of Parish Catechesis. As the only Church document that uses the term "adult faith formation," the plan provides not only encouragement to leaders but also practical strategies for embedding adult faith formation within the fabric of parish life.

This three-week seminar gives leaders in adult faith formation the opportunity to read selected key passages from the plan, to reflect on our bishops' words in light of actual experience, and to share experiences of working with adults in faith formation settings.

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**Pastoral Approach to Culture – Cycle 1**

Catechist Credit: 25 hours apply toward Culture/Diversity

Faith is always expressed within a culture. One's culture shapes the way we understand and live the Church's beliefs and teachings. In order to effectively minister to people today it is important that the minister know and understand the culture of the people whom he or she is trying to serve. This course introduces ministers to the field of cultural studies and offers guidance to help the minister better serve the people in his or her community. On completing this course, the minister will have a solid grounding in the language of cultural studies, an understanding of the Catholic Church's practice of missiology and inculturation, and a basic awareness of how to work effectively in various cultural settings. Becoming a part of a new culture "the process known as acculturation" takes years to master; this course provides a solid foundation upon which to build that understanding.

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**Archdiocese of Louisville**  
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**Spring 2026**

**Planning Youth Ministry Events – Cycle 3**

Catechist Credit: 25 total hours: 10 hours apply toward Theology in the content area of Catholic Beliefs and Practices and 15 hours apply toward Methods

This course provides an introduction and understanding of why and how events can and should be an integral component of comprehensive youth ministry. We will consider how to connect youth with their parish community and then will examine events from both a ministerial perspective as well as practical considerations from promotion to logistics to evaluation.

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**Praying with Children – Cycle 3**

Catechist Credit: 25 total hours: 15 hours apply toward Theology in the content area of Prayer and 10 hours apply toward Catechetics

Praying with Children includes an overview of Catholic prayer traditions allowing students to assess their own spiritual practice and introducing them to the variety of prayer forms and expressions in the Church. The importance of partnership with parents for prayer in the home is emphasized. An overview of the spiritual development of children is examined in the context of developmentally appropriate prayer. Participants will learn skills for leading prayer and be introduced to practical and creative strategies for prayer with children.

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**Praying with Creative Arts: Poetry – Cycle 2**

Catechist Credit: 15 total hours: 8 hours applies toward Theology in the content area of Prayer and 7 hours applies toward Spiritual Formation

Creative arts run through scripture and Christian tradition. It is almost impossible to read the Psalms, Song of Songs, the Gospels, and the Pauline Letters without conjuring images in one's mind – one could practically paint pictures, compose hymns, and pen poems instantly. This *Praying with Creative Arts* series uses prayer through music, poetry, and visual arts as one more ministerial and evangelization tool.

You will listen to poetry composed by persons from different countries and continents (although recited by one person), place yourself in the story, write your own poetry, and invite others to share in your account. Find your quiet corner for reflection.

Practice writing a poem using scripture. You will be required to write and share the link to a poem in session three.

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**Principles for Addressing Diversity Issues in Youth Ministry – Cycle 1**

Catechist Credit: 25 total hours: 15 hours apply toward Theology in the content area of Culture/Diversity and 10 hours apply toward Catechetics

- An introduction to the importance of inclusivity in Catholic youth ministry in important areas of diversity: intercultural ministry, ministry in the digital context, and the involvement of persons with disabilities. The course involves:
    - 
    - An exploration of key concepts about culture and how the inclusion of multiple cultural and ethnic groups impacts effective ministry with young people and their families
    - An examination of ways to promote intercultural understanding and some necessary skills for intercultural ministry
    - A review of pastoral principles for effective ministry in a culturally diverse parish
    - An exploration of principles and practices of ministry with young people within digital culture
    - An overview of Church directives and documents that provide a rationale for the inclusion of young people with disabilities in our ministry efforts.
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**Archdiocese of Louisville**  
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**Roman Catholic Catechesis for Faith Formation – Cycle 1, Cycle 3, & Cycle 4**

Catechist Credit: 25 hours applies toward Catechetics

This course explores the five tasks of catechesis as presented in the Directory for Catechesis (2020). Inspired by the four pillars of the Catechism of the Catholic Church, the five tasks serve as a roadmap, centered on our relationship with Jesus, that guide our mission to “go forth and make disciples of all nations” (Mt. 28:19).

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**Romero: Pastor, Prophet, Martyr and Saint – Cycle 2**

Catechist Credit: 15 hours apply toward Theology in the content area of Church

The e-seminar is a basic introduction into the life, ministry and select Pastoral Letters of St. Archbishop Oscar Romero.

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**Sacraments – Cycle 1, Cycle 3, & Cycle 4**

Catechist Credit: 25 hours total: 25 hours apply toward Theology (20 hours in the content area of Sacraments and 5 hours applies toward content area of Liturgy) or 2.5 hours apply toward Associate Level in the area of Introduction to Sacraments and 22.5 apply toward Theology (17.5 hours in the content area of Sacraments and 5 hours in the content area of Liturgy)

This course is an introductory overview of the theology of the Sacraments, the public, liturgical prayer of the Church. The Church is never so much the Church as when it is gathered together for liturgy. Jesus Himself is Sacrament, the visible sign of the invisible God. Eucharist is THE Sacrament for it contains all that we are, all that the Church is, and all that Jesus says of God. Each of the sacraments will be discussed within the context of its role in the lives of the faithful: initiation into God's life, healing and reconciliation, and service to God's community.

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**Scripture and Justice – Cycle 3**

Catechist Credit: 25 total hours: 25 hours apply toward Theology (15 hours in the content area of Scripture and 10 hours in the content area of Catholic Social Teaching)

This course will:

- Define justice in a faith-based, scriptural context
  - Describe how Justice is in God's Plan of Salvation
  - Discuss Justice in the New Testament
  - Look at Contemporary Biblical Applications
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**Scripture, the Soul of Mariology – Cycle 3**

Catechist Credit: 25 total hours: 25 hours apply toward Theology (15 hours in the content area of Scripture and 10 hours in the content area of Catholic Beliefs and Practices)

In this course, we will give students a foundation for studying the Church's teaching on Mary by examining the Marian texts in Sacred Scripture, the soul of all theology—including Mariology. We will begin by reflecting on the Marian texts in the New Testament and applying the Church's guidelines for biblical interpretation. We will then elaborate upon those texts by considering how the New Testament makes use of typology to interpret prophecies and events recorded in the Old Testament.

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**Archdiocese of Louisville  
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**Spirituality of the Missionary Disciple – Cycle 2**

Catechist Credit: 15 total hours: 10 hours apply toward Theology (5 hours in the content area of Culture/Diversity, 5 hours in the content area of Church), and 5 hours toward Spiritual Formation

In this seminar, we will reflect on how to cultivate a spirituality of mission, growing as missionary disciples. To do this, we will acquaint ourselves with some of the Church documents that deal with the spirituality of the missionary disciple, how to be a Church that is alive, attentively looking after the most vulnerable in our society, and some moments of reflection that will help create an experience of encounter with the Teacher through His inspirational message of renewal.

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**Summary of Catholic Social Teaching – Cycle 2**

Catechist Credit: 15 hours total: 15 hours apply toward Theology in the content area of Catholic Social Teaching

Discover the indissoluble link between Evangelization and Catholic Social Teaching.

Recognize the founding magisterial documents of Catholic Social Teaching.

Find an appropriate definition of Catholic Social Teaching that can be taught and applied in ministerial settings.

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**Survey of Catholic Doctrine – Cycle 1, Cycle 3, & Cycle 4**

Catechist Credit: 25 hours total: 25 hours apply toward Theology (10 hours in the content area of Catholic Belief and Practices, 5 hours in the content area of Scripture, 5 hours in the content area of Christology, and 5 hours in the content area of Church)

This course will look at some of the major doctrines of the Catholic Church. Participants will come to a better understanding of the Trinity, original sin, Church, salvation history, and the communion of saints. Participants will be asked to identify the meaning of magisterium, ecumenism, eschatology, and other Catholic terms.

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**Survey of Catholic Social Teaching – Cycle 4**

Catechist Credit: 25 total hours: 25 hours apply toward Theology (10 hours in the content area of Catholic Social Teaching, and 10 hours in the content area of Catholic Beliefs and Practices, and 5 hours in the content area of Scripture)

*"Far too many Catholics are not familiar with the basic content of Catholic Social Teaching. More fundamentally, many Catholics do not adequately understand that the social teaching of the Church is an essential part of Catholic faith. This poses a serious challenge for all Catholics, since it weakens our capacity to be a Church that is true to the demands of the Gospel."*

United States Catholic Conference Introduction to: *Sharing Catholic Social Teaching*

The goal of this course is to provide the kind of background on Catholic Social Teaching suggested by the bishops as fundamental for living the Christian life. The course relies heavily on documents prepared by the bishops and on the *Catechism of the Catholic Church*. Survey of Catholic Social Teaching will cover the seven key themes of Catholic Social Teaching outlined by the bishops: the life and dignity of the human person; the call to family, community, and participation; rights and responsibilities; option for the poor and vulnerable; the dignity of work and the rights of workers; solidarity; and care for God's creation. Also included is a process for defining and effecting change related to significant social justice issues at the diocesan and parish level. Sometimes people question whether it is the business of the Church to be involved in these issues. They wish to separate Church and state and relegate to government the solutions to problems that injure others, deny a basic quality of life, or damage God's creation. The course will reiterate the centrality of social justice teachings for all Christians, and its consistent independence from any political ideology of the left or the right. It relies heavily on mainstream teachings of the Church, the Scriptures, the *Catechism of the Catholic Church*, and Father Kevin E. McKenna's *A Concise Guide to Catholic Social Teaching* which summarizes papal encyclicals and statements of the U.S. bishops.

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**Archdiocese of Louisville**  
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**The Mass – Cycle 3**

Catechist Credit: 25 total hours: 25 hours apply toward Theology in the content area of Liturgy

The prerequisite for this course is Foundations of Liturgy.

This class provides a basic understanding of the history, structure and central pastoral focus of the Mass of the Roman Rite. The curriculum is based on the Constitution on the Sacred Liturgy, the General Instruction of the Roman Missal and other primary liturgical norms and directives.

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**The Order of Christian Initiation of Adults (OCIA): A Process, Not a Program – Cycle 3**

Catechist Credit: 25 hours apply toward Catechetics

The Order of Christian Initiation of Adults (formerly the RCIA) is the process through which people are prepared, baptized and received as full members of the Catholic Church. Students will discover the renewed vision of the process in the 2024 translation and pastoral considerations to implement it in local communities.

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**The Role of Missionary Discipleship in Evangelizing Catechesis – Cycle 2, and Cycle 4**

Catechist Credit: 15 total hours: 10 hours apply toward Theology in the content area Catholic Beliefs and Practices and 5 hours apply toward Catechetics

This course aims to equip participants with a deep understanding of how missionary discipleship is a foundational element in the evangelizing process of catechesis. Through reflection on Scripture, Church teachings, and practical application, participants will explore how the call to discipleship shapes the proclamation of the Gospel and the formation of faith within the Church. By the end of the course, participants will be prepared to actively engage in catechetical ministry, embracing the missionary aspect of their vocation to make disciples and evangelize others, fostering a transformative experience of faith and learning in their communities.

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**Theological Reflection: Key to Connecting Faith and Life – Cycle 2**

Catechist Credit: 15 total hours: 5 hours apply toward Theology in the content area of Prayer and 10 hours apply toward Catechetics

St. Paul explained to the Corinthians community that "There are different kinds of spiritual gifts but the same Spirit; there are different forms of service but the same Lord; there are different workings but the same God who produces all of them in everyone" (1 Cor. 12:4-6). This message is timeless. All generations must understand the "uniformity" of the Spirit, the Lord and God. All creation received gifts from God for the building of the Kingdom of God. Regardless of the multiple faith traditions, various cultures, and experiences, we all serve each other. This uniformity in the Body of Christ is a universal reality that we have when we accept that we are all created in God's image.

For this reason, the practice of "Theological Reflections" is foundational; it is a spiritual movement for an individual or group to recognize God's omnipresence in all occurrences with humanity. Through this lens, theological reflection propels ministers, church leaders and small group leaders too notice God's daily presence. The Psalmist said, "Seven times a day I praise you because your judgments are righteous" (Ps. 119:168). The Psalmist observed God throughout the day by practicing "Theological Reflection." During the day, the Psalmist is meditating, seeking God while he is near, praying, giving witness, singing melodic hymns, calling on him for God's judgments are righteous.

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**Archdiocese of Louisville**  
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**This Land is Home to Me: The Cry of Appalachia – Cycle 1, and Cycle 3**

Catechist Credit: 15 hours apply toward Theology in the content area Catholic Social Teaching

This course will introduce participants to the complex realities of poverty, powerlessness and suffering experienced by the people of Appalachia as seen through the lens of Catholic social teaching and witnessed in the pages of the Pastoral Letter This Land is Home to Me. Participants will reflect on the responsibilities that all baptized members of the Church have to respond and act justly everywhere and always, in the face of such marginalization.

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**Understanding Culture in Ministry: Building Bridges – Cycle 3**

Catechist Credit: 25 hours apply toward Theology in the content area of Culture/Diversity

Ministry in the United States and in several countries around the world is often to and with persons of different cultural backgrounds. What may work for one group in a particular cultural setting, may not work for another cultural setting. Thus, there is the need to understand the skills needed to reach across cultures and build bridges even as ministry takes place. Although the materials used are peculiar to the United States, the suggested steps can be applied to any multicultural settings. There are no prerequisites for this course.

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**Vocation, Spirituality and Discipleship of Catechists – Cycle 4**

Catechist Credit: 25 hours total: 20 hours apply toward Spiritual Formation and 5 hours apply toward Theology in the content area of Spirituality

The content of this course is intended to assist participants in understanding their role as formal lay ministers in the Church. It considers the vocation of Catechist as both teachers of the content of faith as well as guides leading others into the mystery of the faith itself. Primary sources lead the participants to deepen their spirituality as Catechists and inspire them in their role as missionary disciples.

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**Vocation to Ministry – Cycle 4**

Catechist Credit: 25 total hours: 25 hours apply toward Theology (20 hours in the content area of Church and 5 hours in the content area of Sacraments)

The Vocation to Ministry course provides participants an opportunity to develop a deeper comprehension of ministry and to reflect on their own ministry. In the Catholic Church the role of the minister is central to the Church's mission to evangelize and make disciples. Once almost exclusively the province of the clergy and the vowed members of religious communities, a sense or vocation has been experienced by many lay people in the last half century and great numbers are engaged in ecclesial ministry. This course provides participants an opportunity to review the impact of the Second Vatican Council on the Church's appreciation of the ministry done by lay people vis-i-vis the ministry of those who are ordained. The course also reviews the Church's theology of the Holy Trinity, and the Liturgy as a source for understanding the ministerial relationships that are being lived out in the Church today.

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**Who is Mary of Nazareth, and Why Should We Care? – Cycle 1**

Catechist Credit: 25 total hours: 25 hours apply toward Theology in the content area of Catholic Beliefs and Practices

In this course, we will introduce students to the Blessed Virgin Mary, the mother of Jesus Christ. We will explain who this woman from Nazareth is and what the Catholic Church teaches about her and her role in salvation history. We will also give students a deeper appreciation for why knowing her personally is important to living the Christian faith.

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Description of Program *(Attach a course outline, flyer, or other supporting information. Please be as detailed as possible.)*

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Resources Used for Preparation

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Expected Outcomes for Participants

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Sign

\_\_\_\_\_ (Individual requesting approval or representative of hosting parish/school/agency)

Date \_\_\_\_\_

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**Forms are to be completed and returned, with supporting documentation, prior to program beginning to:**

ff@archlou.org

or

Archdiocese of Louisville-Office of Faith Formation

1200 S. Shelby St.

Louisville, KY 40203



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