



## Overview of Catechetical Ministry Part II: **Lesson Plan Collection**

### Lesson Plan Format

#### 1. **Engage:**

- \* “Hook ‘Em” Activity
- \* Introduce the Main Idea

#### 2. **Explore:**

- \* Scripture Passage
- \* “Textbook Lesson”
- \* Activity

#### 3. **Reflect:**

- \* Guided Reflection

#### 4. **Respond:**

- \* Assessment
- \* Homework Assignment
- \* Closing Prayer

# Lesson Topic:

## Pentecost

### 1. Engage:

\* **Hook:** Play audio of wind, fire, world languages, etc., and see if students can identify the sounds.

\* **Main Idea:** Wisdom as a gift of the Holy Spirit

### 2. Explore:

\* **Scripture Passage:** Acts 1, 2:1-13

\* **Activity:** What is the difference between intellect and wisdom? Use a Venn diagram, or similar visual, to explore the differences/similarities. Use examples.

### 3. Reflect:

\* **Group Guided Discussion:** How are intellect and/or wisdom gifts from the Holy Spirit?

### 4. Respond:

\* **Assessment:** Exit Ticket—How is wisdom a gift of the Holy Spirit?

\* **Homework:** Interview someone about how they use wisdom as a gift.

OR

Find wisdom in a song or other media, and explain how wisdom is a gift.

OR

What is a question you still have? What answer did you find on your own?

\* **Closing Prayer**

# Lesson Topic:

## Easter (Grade Level: K-2)

### 1. Engage:

- \* **Hook:** "Resurrection Eggs" - Symbols Inside
- \* **Main Idea:** Jesus rose from the dead.

### 2. Explore:

- \* **Scripture Passages:** Luke 24:6; Matthew 28:7
- \* **Activity:** Listen to song "Jesus Is Alive" then act out resurrection. Do a craft.

### 3. Reflect:

- \* **Guided Reflection:** Ask students to close eyes and think about their answers while teacher asks, "How do you think Jesus felt? How did his friends and family feel?"

### 4. Respond:

- \* **Assessment:** Illustrate what they learned today about Jesus rising from the dead.
- \* **Homework:** Take illustration home and teach someone they know about what they created.
- \* **Closing Prayer:** Sing and dance along to "Jesus Is Alive."

# Lesson Topic:

## Easter

### 1. Engage:

- \* **Hook:** Alleluia in a box activity
- \* **Main Idea:** Easter is a celebration of Jesus' resurrection.

### 2. Explore:

- \* **Scripture Passages:** Matthew 28: 5-6
- \* **Activity:** Alleluia banners

### 3. Reflect:

- \* **Guided Reflection:** Jesus loves me! Reflect on how you can live like Jesus, and live forever, as Jesus does.

### 4. Respond:

- \* **Assessment:** Verbally explain: What does resurrection mean? Why do we celebrate Easter?
- \* **Homework:** Go home and discuss this lesson with their parent(s) and family.
- \* **Closing Prayer:** "He is not here; he has risen, just as he said." Matthew 28:6

# Lesson Topic:

## All Saint's Day

### 1. Engage:

\* **Hook:** Slideshow including all saints to grab student's attention. Play song "Holy, Holy, Holy" as students watch slideshow.

### 2. Explore:

\* **Scripture Passages:** Luke 5:1-11—The call of Simon the fisherman

\* **Activity:** Research a saint of choice, then prepare a digital presentation to teach the class about their chosen saint. (Wax Museum) After presentations, play Guess Who with the saint's pictures, and asking for/giving clues about the saints.

### 3. Reflect:

\* **Guided Reflection:** How do you connect to your chosen saint?

### 4. Respond:

\* **Assessment:** Whole class discussion

\* **Closing Prayer:** Each student helps create the closing prayer by saying, "[Chosen Saint], pray for us."

# Lesson Topic:

## All Saints Day (High School/Adult)

### 1. Engage:

- \* **Preliminary:** Who is your confirmation saint OR a saint you're interested in?
- \* **Hook:** Listen/sing along to a liturgical song of your choice that focuses on blessings, blessing others, and/or being blessed. Ask, "How does this song give advice on how to be blessed/live a blessed life?"
- \* **Main Idea:** "To be saints is not a privilege for the few, but a vocation for everyone." Pope Francis

### 2. Explore:

- \* **Scripture Passages:** Matthew 5:1-12 (The Beatitudes)
- \* **Lesson:** With a partner or group, choose one beatitude and find an example of someone/a group living it out to day. (i.e. Who is merciful? Poor in spirit? Etc.)

### 3. Reflect:

- \* **Guided Reflection:** Litany of Saints, listing saints discussed earlier. Quietly reflect on their meaning to the class and/or you.

### 4. Respond:

- \* **Homework:** Draft a "Dream Team" of 5 saints across time and space who you want to team up and help you become a saint.

# Lesson Topic:

## Advent

### 1. Engage:

\* **Hook:** What are you looking forward to? Today? Next week? Next month? Next year? Connect their responses to the main idea.

\* **Main Idea:** Anticipating Jesus

### 2. Explore:

\* **Scripture Passages:** Luke 1:26-38

\* **Activity:** Use textbook to further explore scripture passage, then participate in Choice Board activities.

### 3. Reflect:

\* **Guided Reflection:** Use song, video, and/or other media to facilitate reflection on responsibility.

### 4. Respond:

\* **Assessment:** 3,2,1 Exit Slip

\* **Homework**

\* **Closing Prayer**

# Lesson Topic:

## Advent

### 1. Engage:

- \* **Hook:** Sing together “Mary, Did You Know?”
- \* **Main Idea:** Preparing ourselves for Christ’s arrival

### 2. Explore:

- \* **Scripture Passages:** Luke 1:28-38
- \* **Activity:** Debate: Divide students in half. One half says yes to the angel, the other half says no. Each group should explain why.

### 3. Reflect:

- \* **Guided Reflection:** Canticle of Mary

### 4. Respond:

- \* **Assessment:** How do we say thanks to Mary for her commitment, faith, and sacrifice?
- \* **Homework:** Find examples for the above reflection question from their daily lives. Get an outside voice.
- \* **Closing Prayer:** Group prayerful thanks

# Lesson Topic:

## Advent

### 1. Engage:

- \* **Hook:** Create an advent wreath.
- \* **Main Idea:** Advent is a season of joy and preparation.

### 2. Explore:

- \* **Scripture Passages:** Luke 1:26-38 (The Annunciation)
- \* **Activity:** Explore the meanings/days of each candle with a graphic organizer. Use scripture to reference.

### 3. Reflect:

- \* **Guided Reflection:** Play Advent instrumental music. Students will choose one candle to reflect on. How will you use/live the message of each week/candle?

### 4. Respond:

- \* **Assessment:** Exit Ticket
- \* **Closing Prayer:** Pray the 1st Joyful Mystery, either alone or with a partner.

# Lesson Topic:

## The Nativity

### 1. Engage:

- \* **Hook:** Jot Thoughts (brainstorm/organization)
- \* **Main Idea:** I can create a nativity scene based on scriptural evidence.

### 2. Explore:

- \* **Scripture Passages:** Luke 2
- \* **Activity:** In small groups, students will read Luke 2, discuss, then create a nativity scene from provided craft materials that depicts the scriptural image of Jesus' birth.

### 3. Reflect:

- \* **Guided Reflection:** Gallery walk of completed nativity scenes with accompanying songs.

### 4. Respond:

- \* **Assessment:** Compare the Biblical scene with secular depictions of the nativity.
- \* **Homework**
- \* **Closing Prayer**

# Lesson Topic:

## Our Lady of Guadalupe

### 1. Engage:

- \* **Hook:** What do you think Mary was like as Jesus' mom?
- \* **Main Idea:** Mary intercedes for the little people.

### 2. Explore:

- \* **Scripture Passages:** The Magnificat
- \* **Lesson:** Explain the symbolism of the image of Our Lady of Guadalupe.
- \* **Activity:** Students will act out the miracle of the appearance of the image of Our Lady of Guadalupe on Juan Diego's cloak.

### 3. Reflect:

- \* **Guided Reflection:** Listen to a hymn to Our Lady as a group.

### 4. Respond:

- \* **Assessment:** Report on your homework next class.
- \* **Homework:** Teach your family the story of Juan Diego and Our Lady of Guadalupe.
- \* **Closing Prayer:** Pray the Hail Mary as a group.

# Lesson Topic:

Lent (Grade Level: Pre-K—3)

## 1. Engage:

- \* **Hook:** Journal with Jesus—What would you give up for Lent? OR What could you do to provide someone with support?
- \* **Main Idea:** Explain specifically what Lent is (focusing on prayer, giving alms, and fasting).

## 2. Explore:

- \* **Scripture Passages:** Any gospel reading(s), depending on the liturgical year.
- \* **Activity:** Use textbook activity of choice.

## 3. Reflect:

- \* **Guided Reflection:** Share what you journaled.

## 4. Respond:

- \* **Closing Prayer:** Play Lenten theme songs
- \* **Homework:** Discuss what you learned today with your family and/or friends.

# Lesson Topic:

## Lent

### 1. Engage:

\* **Hook:** What is prayer? What is your experience of it? (Journal and/or discuss.)

\* **Main Idea:** Three styles of prayer—Lectio Divina, Centering Prayer, Communal Prayer

### 2. Explore:

\* **Activity:** Game—Name That Prayer Style: Practice recognizing the different styles.

### 3. Reflect:

\* **Guided Reflection**

### 4. Respond:

\* **Homework:** Practice your favorite prayer style at home.

# Lesson Topic:

## 1. Engage:

- \* **Hook:** Play Lenten music from *Hallow*
- \* **Main Idea:** Introduce the importance of Lent and Lenten promises.

## 2. Explore:

- \* **Scripture Passages:** Joel 2: 12-13 (return to God) and Matthew 6: 16-18 (humility, fasting)
- \* **Activity:** Lenten Promises Cross (listening to music) - Lent is...prayer...fasting...alms-giving.

## 3. Reflect:

- \* **Guided Reflection:** Write or discuss: What is Lent? What is your Lenten promise? How will you give alms?

## 4. Respond:

- \* **Assessment:** Write a prayer, focusing on your reflections about Lent.
- \* **Homework:** Be ready to give a brief report on your progress with your Lenten promise.
- \* **Closing Prayer:** As a group, pray the Prayer of St. Francis before the Crucifix.

# Lesson Topic:

## Lent (Middle School)

### 1. Engage:

- \* **Hook:** Share your “dubs.”
- \* **Main Idea:** There are different prayer styles for Lent.

### 2. Explore:

- \* **Scripture Passages:** 1 John 5:14-15
- \* **Lesson:** Using the Hallow app, listen to different styles of prayer.
- \* **Activity:** Choose one prayer style, and make a prayer pendant.

### 3. Reflect:

- \* **Guided Reflection:** Share which style you chose and why.

### 4. Respond:

- \* **Homework:** Lenten Challenge on Hallow app.
- \* **Closing Prayer:** Serenity Prayer

## Lesson Topic:

### The Season of Lent (Elementary)

#### 1. Engage:

\* **Preliminary:** Greet each student, asking what made them smile yesterday, this week, etc. Respond by framing what they share as a blessing.

\* **Hook:** Give each child a paper divided into 3 sections. Direct them to draw in each section one thing they have done recently for someone else, something they gave away/gave up, and someone they want to pray for.

\* **Main Idea:** What is the meaning of Lent?

#### 2. Explore:

\* **Lesson:** Explain the meaning of Lent

\* **Activity:** Play/sing along to “The Lent Song” (Catholic Icing) which covers prayer, fasting, and almsgiving.

#### 3. Reflect:

\* **Guided Reflection:** Discuss how Lent relates to their drawings.

#### 4. Respond:

\* **Homework:** Write one way they can do each action (praying, fasting, almsgiving) at home.